

BBC WORLD SERVICE

LONDON CALLING

FEBRUARY 1990

FIGHTING FIT

At Home With
Karate Champion
Molly Samuel

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HEALTH ON THE LINE

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AT A GLANCE

The transmission times of regular programmes given on this page are intended only as a general guide. Some changes will inevitably occur, and readers are asked to check the timing of individual programmes on the Day to Day pages.

World News (9/5/1 min)

Broadcast daily in the World Service 0200, 0300, 0500, 0700, 0800, 0900, 1100, 1300, 1600, 1700 (ex Sats), 2000, 5-Minute News 1400 (Mons-Fris), 2300 (daily); News Summary 0100, 1000, 1200 (Suns only), 1400 (Sats and Suns only), 1700 (Sats) 1900, 2100

Newsdesk (30 min)

Including World News and despatches from overseas and UK correspondents daily 0000, 0400, 0600, 1800

Newshour (60 min)

A comprehensive look at the major topics of the day, plus up-to-the-minute international and British news daily 2200

Newsreel (15 min)

News of events as they happen and despatches from BBC correspondents all over the world daily 0215 (South Asia), 1200 (ex Suns), 1500

News About Britain (5 min)

Daily 0309, 1109, 1609

Twenty-Four Hours (20/45 min)

Analysis of the main news of the day daily 0509, 0709, 1309

British Press Review (5 min)

Survey of editorial opinion in the Press daily 0209, 0909

The World Today (15 min)

Examines thoroughly one topical aspect of the international scene

Mons-Fris 1645 rep 2009, Tues-Fris 0145 (South Asia), Tues-Sats 0315, 0545, 0915

Commentary (5 min)

Background to the news from a wide range of specialists Mons-Fris 1709, 2305

Outlook (25 min)

An up-to-the-minute mix of conversation, controversy and colour from around the world, plus the latest developments here in Britain Mons-Fris 1405, 1901, Tues-Sats 0101

Financial News (9/5 min)

Including news of commodity prices and significant moves in currency and stock markets Mons-Sats 0930, Mons-Fris 1925, 2310, Tues-Sats 0125, 0530, brief news Mons-Fris 0625, 0728, 1328, 1825 approx, Tues-Sats 0025, daily in Newshour 2225

Financial Review (9 min)

A look back at the financial week Sats in Newshour 2225 approx rep Suns 0530, 0930

Worldbrief (15 min)

A 15-minute roundup of the week's news headlines, plus everything from sport and finance to best-sellers and the weather Fris 2315, Sats 0445, 0945

A Jolly Good Show (45 min)

Dave Lee Travis presents your record requests and dedications in his own unique way, including the Album of the Month Sats 0815 rep 2315, Tues 1515

Andy Kershaw's World of Music (15 min)

Sats 1730 rep Mons 0215, 0945, Thurs 0445

Anything Goes (30 min)

A variety of music and much more. Send your requests to Bob Holness Mons 0330 rep 0830

Assignment (30 min)

Weekly examination of a topical issue Weds 2030 rep Thurs 0230, 1001, 1615

Book Choice (5 min)

Short book reviews with four editions each week Sats 0145 rep Suns 0940, 1709; Sats 2310, Suns 0745; Suns 2310 rep Tues 0455, 1125; Weds 1740 rep Thurs 0140, 1125

Business Matters (15 min)

Weekly survey of commercial and financial news Tues 2115 rep Weds 0815, 1445

Country Style (15 min)

With David Allan Weds 0145 rep 0445, 1115

Development '90 (30 min)

Reflecting aid and development issues Tues 1930 rep Weds 0730, 1330

Discovery (30 min)

An in-depth look at scientific research Tues 1001 rep 1830, Weds 0330

Europe's World (15 min)

A magazine programme reflecting life in Europe and its links with other parts of the world Mons 2115 rep Tues 0145, 0730

The Farming World (20 min)

Weds 1225 rep Thurs 0640, 1940

Focus on Faith (30 min)

Comment and discussion on the major issues in the worlds of faith Thurs 1830 rep Fris 0330, 1001

From Our Own Correspondent (15 min)

BBC correspondents comment on the background to the news Sats 2009 rep Suns 0315, 0730, 1115

From the Weeklies (15 min)

A review of the British weekly Press Sats 0030 rep 0730, 1945

Good Books (15 min)

Recommendation of a book to read Mons 0315 rep 0915, 1615, Weds 2315

Health Matters (15 min)

Keeping track of new developments in the world of medical science, as well as ways of keeping fit Mons 1115 rep 1630, Tues 0815, Weds 0215

* SPECIAL EDITIONS opposite page

Here's Humph! (15 min)

All that jazz Fris 1945 rep Sats 0430, 1001

Jazz for the Asking (30 min)

Sats 1830 rep Suns 0630, Weds 1030

Jazz Scene UK/Folk in Britain (15 min)

Jazz one week, folk the next Thurs 1345 rep Fris 0130, 0445

John Peel (30 min)

Selects tracks from newly released albums and singles from the contemporary music scene Tues 0330 rep Thurs 0830, Fris 1330

Letter From America (15 min)

With Alistair Cooke Sats 1015 rep Suns 0545, 1645, 2315

Megamix (30 min)

Compendium of music, sport, fashion, health, travel, news and views for young people Tues 0030 rep 1130, 2130

Meridian (30 min)

Each week, three topical programmes about the world of the arts Sats 0630 rep 1130, 2030; Tues 2030 rep Weds 0630, 1130;

Thurs 2030 rep Fris 0630, 1130



Multitrack man
Graham Bannerman.

Multitrack (30 min)

1 World Service Top Twenty Mons 1830 rep 2330, Tues 1215; 2 New pop records, interviews, news and competitions Weds 1830 rep 2330, Thurs 1215; 3 Latest developments on the British contemporary music scene Fris 1830 rep 2330, Sats 1215

Music Review (45 min)

News and views from the world of music Thurs 2315 rep Fris 0815, 1515

Network UK (15 min)

Looks behind the issues and events that affect the lives of people throughout the UK Mons, Weds, Fris 1930 rep Tues, Thurs, Sats 0215, 0745, 1330

New Ideas (10 min)

Radio shop window for new products and inventions Sats 0150 rep Tues 0445, Weds 1730, Thurs 1115

Omnibus (30 min)

Each week a half-hour programme on practically any topic under the sun Tues 1615 rep Weds 0030, 1001

* SPECIAL EDITION page 5

People and Politics (30 min)

Background to the British political scene Fris 2130 rep Sats 0230, 1030

Personal View (15 min)

Of topical issues in British life Sats 1345 rep Suns 0445 2009

Recording of the Week (15 min)

A personal choice from the new releases Sats 0045 rep Mons 0545, Weds 2145

Science in Action (30 min)

Fris 1615 rep 2030, Suns 1001, Mons 0230

Seven Seas (15 min)

Weekly programme about ships and the sea, with Malcolm Billings Thurs 2115 rep Fris 0215, 0945

Society Today (15 min)

A weekly look at the changes in Britain Weds 1715 rep Thurs 0145, 0945

Sports International (30min)

Mons 2130 rep Tues 0230, 1030

Sports Roundup (15/14/9/5 min)

Mons-Sats following the 0930 Financial News, 1245; daily 1745, 2101; Suns only 1345

Sportsworld (180 min, breaks for News)

Weekly sports magazine Sats 1430, 1515, 1615, 1701

The Ken Bruce Show (30 min)

Sats 1401 rep Suns 0230, Mons 1130

The Pleasure's Yours (45 min)

Write to Gordon Clyde for your classical music requests Suns 0815 rep 2115, Thurs 1515

The Vintage Chart Show (30 min)

Past top twenty hits with Paul Burnett Sats 0330 rep Mons 1030, 2030

Waveguide (10 min)

How to hear World Service better Suns 0750, Mons 0530, Tues 1115, Thurs 0130

Words of Faith (5 min)

People of all faiths share how their scripture gives authority and meaning to their lives daily 0540 rep 0809, 2025; Sats, Suns 2305

Write On... (15 min)

If you would like to air your views about World Service programmes, write to Paddy Feeny at PO Box 76, Bush House, Strand, London WC2B 4PH Thurs 0730 rep 1445, 2145

PHONE-INS

HEALTH ON THE LINE

The focus on health this February on BBC World Service, with a series of phone-ins and other special programmes.

Diet and health problems of alcoholism and the abuse of addictive drugs are the subject of four features and phone-ins to be broadcast in the World Service's medical month.

All four are important and controversial health problems. Smoking 4th kills millions each year. Heart disease 11th is the major cause of death among men in Western countries. Alcoholism 18th is a serious world-wide problem and drug addiction 25th is a major cause of soaring violent crime rates in many countries.

Producers Ruth Hedges and Stephen Hedges talk to top experts on the subjects in four 15-minute programmes, each of which will be broadcast immediately before a 45-minute phone-in. You are invited to telephone the experts in the studio at our questions on the subjects under consideration.

The features are also broadcast the previous day to give you time to think over the problems and formulate your questions. The producers aim to have as many phone-in studio those same experts to whom they have talked in the features.

Health Matter presenter Barbara Myers will be on hand in the studio to take your questions and direct them to the experts.

- Features from 3rd 0130 rep 1115, 2115, 18 mins 1401
- Phone-ins from 4th 1415 (live) rep 2330, 10 mins 0630, 1001

If you wish to take part in the phone-ins, just call London 379 7444 (from outside Britain) or London 379 0411 (in Britain).

If it is decided to put you on air to ask a question, your number will be taken and you will be rung back. The lines are open from 1315 each Sunday.

You might prefer to send in a written question in advance. If you do, post early and don't forget to include the number on which you can be reached on the day. Address your question to *Health Phone-ins*, BBC, Bush House, Strand, London WC2B 4PH.



Health Matters

(15 mins)

HIGH LIGHT Last November Stephen Hedges visited the West Indies, to bring World Service listeners up to date with news on how important health problems are being tackled in Caribbean countries. All four editions of *Health Matters* in February are devoted to these reports.

Stephen has visited health projects sponsored by Caribbean governments and charitable organisations, including the United Nations special organisation for children, UNICEF. Among the subjects he covers is the increasing problem of the killer disease AIDS affecting children.

The latest available figures for 19 Caribbean countries show that childhood AIDS cases account for more than 9 per cent of the total. This proportion compares with one of 3 per cent in North America.

In Barbados, Jamaica and Trinidad Stephen talked to the health workers who are helping the children and to officials and agencies urgently planning ways to limit the rapid spread of the disease.

Stephen also reports on diabetes and hypertension, which are extremely common in the West Indies. The high incidence of both diseases is thought to be linked with altered diet and lifestyle, as more and more people change from physically demanding jobs on the land to more sedentary occupations, like driving cars and working in hotels and offices.

Other programmes include items about child abuse, teenage pregnancy and projects designed to improve conditions for poor people in cities.

- **Mons 1115 rep 1630, Tues 0815, Weds 0215**

Health in the Traveller's Guide feature, page 17... NEXT MONTH: Alternative medicine is the subject of *Other Wise*.

LONDON CALLING

Vol 19 No 2

London Calling is the programme journal of the BBC World Service in English. To listen to our worldwide transmissions you will need, in most cases, a short-wave radio set, although in some areas we also broadcast on long and medium wave and VHF. On the frequency pages of this edition you will find a guide to the current recommended transmission and frequency times for your area. As you will see, we work in Greenwich Mean Time (GMT) so you will have to convert this to local time.

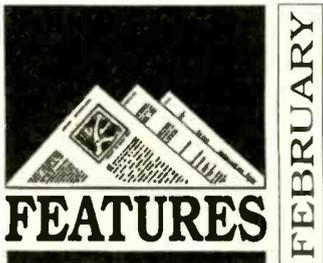
Editor: Steve Weinman
 Editorial Assistant: Diane Faulks
 Editorial Secretary: Lola Butterfield
 Advertising Consultants (Financial) Powers Overseas Ltd, 46B Keyes House, Dolphin Square, London SW1V 3NA. Tel: London 834 5566: (Consumer) Beverley McNeill, Premier House, 77 Oxford Street, London W1R 1RB. Tel: London 439 1188 ex 2143
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FEBRUARY

Afgantsy

(1 x 30 mins)

HIGH LIGHT

February 15th marks the first anniversary of the completion of the withdrawal of Soviet troops from Afghanistan. The Soviet Army fought in Afghanistan for more than nine years, and lost some 15,000 soldiers. But what about those who came back?

Many were wounded physically; many more suffered mental injuries. They returned home with a sense of bewilderment as to why they had been sent to Afghanistan, yet also with a sense of pride that they had done their duty for the Motherland.

But very often, veterans of the Afghan War - the *Afgantsy* - found that society knew little and cared less about what they had endured.

Stephen Dalziel has been talking to *Afgantsy* in Moscow and Leningrad, and finds that while the fighting might be over for the Soviet Army, *Afgantsy* have their own battles to fight back home.

● Sun 11th 1615 rep Mon 12th 0730, 1330



Happy to be homeward-bound: men of the Soviet Union's 350th Parachute Regiment march into Termez on their way home from Afghanistan a year ago. They might have been happy then, but was it a hero's welcome that awaited them, and how have they adjusted? Find out by listening to *Afgantsy*.

Eastern Europe: The Flight from Communism

(6 x 30 min)

When Mikhail Gorbachev came to power in the Soviet Union in March 1985, he said that his first task was to strengthen

relations with the Soviet Union's Eastern European allies, and solve the many problems that had accumulated in these countries.

Nobody at the time could have imagined quite how profound and far-reaching Gorbachev's impact on Eastern Europe would be.

In the past year the developments in

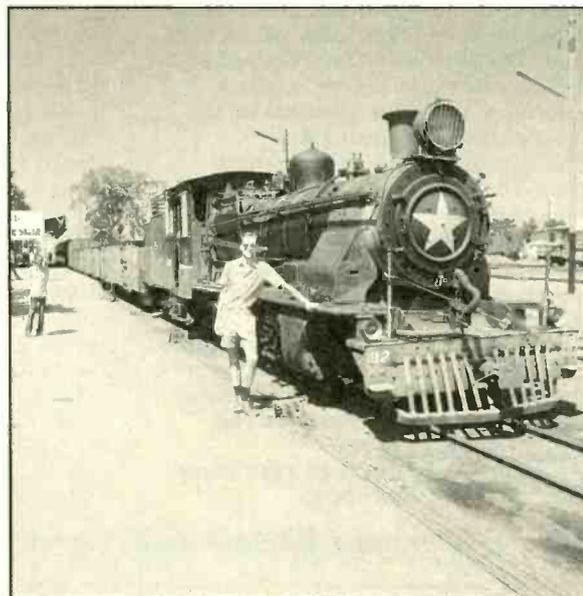
From Kashmir to the Cape

HIGH LIGHT

With a population of nearly 900 million, it comes as no surprise that in India communications play an important role in the country's overall infrastructure.

Its railway system is one of the largest in the world, and although much of it is hopelessly outdated, it does manage to transport 13 million passengers to their destinations every day of the year.

A train trip across India is always an adventure, often a voyage into the unknown. Despite the lack of basic comforts and the leisurely



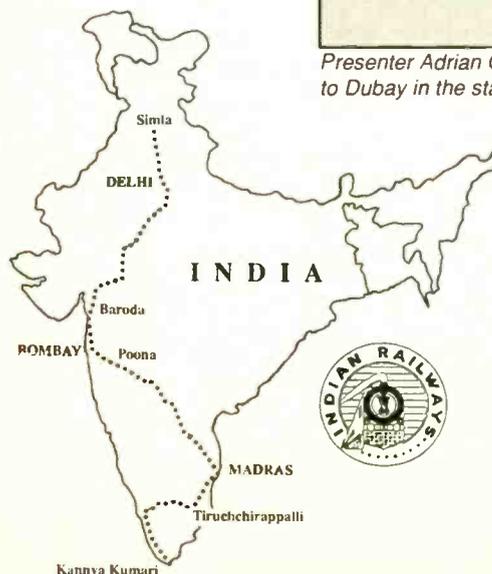
Presenter Adrian Quine next to the little narrow-gauge train to Dubai in the state of Gujarat.

pace at which most trains travel, there is always a sense of mystery, never knowing what you might find around the next bend.

Adrian Quine, Indrail pass in hand, travels the 4,000 miles from Simla at the foothills of the Himalayan mountains to Kannya Kumari (The Cape of India) in the state of Tamil Nadu.

Throughout this memorable journey he encounters a changing landscape, rich in culture and variety.

● Sun 4th 1615 rep Mon 5th 0730, 1330



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Expatriates looking for a UK job will find the *CEPEC Recruitment Guide* invaluable. It lists over 370 UK recruitment agencies and search consultants specialising in professional and executive appointments. Details include the areas of business, job function, salary and management levels with which each organisation deals. 592 pp, indexed, editorial on interviews, the job search process, approaching recruiters. £17.50 (incl. p&p)

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Poland and Hungary in particular have heralded the end of single-party Communist rule in Eastern Europe after more than four decades.

In the process, it is becoming ever more clear that far from losing their national characteristics, the countries of the Eastern bloc have retained unique profiles which 40 years of Stalinism and neo-Stalinism have been unable to destroy.

This month the series *Eastern Europe: The Flight from Communism* examines the explosion of freedom in the German Democratic Republic, the important changes taking place in Bulgaria, and the tensions of present-day society in Czechoslovakia.

● **Fris until 23rd 0730 rep 1215, Sats 2130**

Images of Britain

(8 x 15 min)

Newspapers, radio and television all dispatch correspondents worldwide, to report on events from the perspective of those countries in which they are based.

Images of Britain gives some of the many overseas journalists reporting from the United Kingdom the opportunity to explain how they see us, and how Britain and the British, the things we do and the things we say, are interpreted internationally.

It is a chance to assess the extent to which Britain is still regarded as an influential world power. But perhaps some traditional British perceptions of politics, our national institutions and even our own idiosyncrasies will also be challenged!

Larry Harris talks to journalists from around the world about their *Images of Britain*.

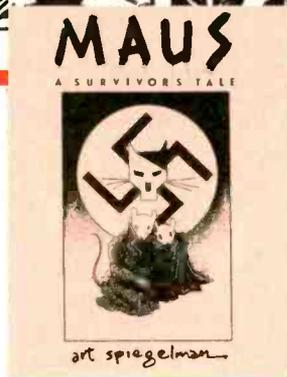
● **Weds 0130 rep 0945, 1945**

In Praise of God

(30 min)

First this month is a service from St George's Church, Beckenham **4th**, and this is followed by a studio meditation with **Dr Berj Topalian**, musical director of Christ Church, Clifton, in Bristol **11th**.

A service from St Augustine's Roman



Omnibus

Maus has been hailed as perhaps the first "graphic novel" to achieve masterpiece status. It tells the story of a family of Polish Jews living under Hitler, in the form of a comic strip in which the characters are depicted as mice, cats and pigs. *Omnibus* talks to its author, **Art Spiegelman**, about *Maus* and about his dedication to the art of the adult comic book.

● **Tues 6th 1615 rep Wed 0030, 1001**

Catholic Church in Daventry, led by **Father Dermot O'Gorman**, can then be heard **18th**.

Finally we join a service from Leeds Cathedral for the annual celebration of the International Faith and Light Movement for mentally handicapped people, their families and friends **25th**.

● **Suns 1030 rep 1715, Mons 0030**

Screenplay

(8 x 30 min)

Four more editions of the film quiz, with questions on subjects as diverse as movie

trailers, musicals, Jack Nicholson and Steven Spielberg. You can also hear extracts from those films which are considered by some to be among the very worst ever made!

Iain Johnstone is in the chair as usual, and team captains **Dick Vosburgh** and **Robin Ray** are partnered by **Verity Lambert** and **Graham Stark 4th**. Then it is the turn of **Victoria Mather** and **Bernard Cribbins 11th, 18th**; with **Angela Douglas** and **Maurice Denham** taking part in this month's last quiz **25th**.

● **Suns 2030 rep Mons 1215, Thurs 0330**

Interpol: Behind the Myth

(2 x 30 min)

HIGH LIGHT

Counterfeit products now account for 4 per cent of all world trade: profits from drug trafficking last year are reckoned to have topped 500 billion dollars: more than 100,000 items of art and antiques are stolen annually in Europe. International crime is big business - and it is getting bigger.

As borders between countries are relaxed and worldwide communications become easier, so the opportunities for international criminals multiply.

Fighting this growing threat is a body shrouded in secrecy: Interpol, the International Criminal Police Organisation. Its image is one of secret agents stalking the globe in hot pursuit of organised crime. But just how close is that romantic idea to reality?

Few people could answer that question. By the nature of its work, Interpol shuns publicity. But now the organisation has agreed to drop its guard and allow the BBC World Service a unique insight into its operations.

Mike Bullen has been granted a level of access rarely accorded to outsiders. He has been behind the scenes at Interpol headquarters, meeting the organisation's senior figures and hearing about their work.

Since its inception in 1923, almost 150 countries have joined Interpol. Between them they have built up a formidable network



Cross-border co-operation is vital in the war against the drug traffickers - here police in Italy display a haul of cash and 111 kilos of pure heroin.

for police co-operation worldwide. It handles more than a million messages a year, criss-crossing the globe with the latest information about suspected criminals and their activities.

So has the international criminal finally met his match? He can find out by tuning in to the two-part *Interpol: Behind the Myth*. Law-abiding citizens are also invited to tune in.

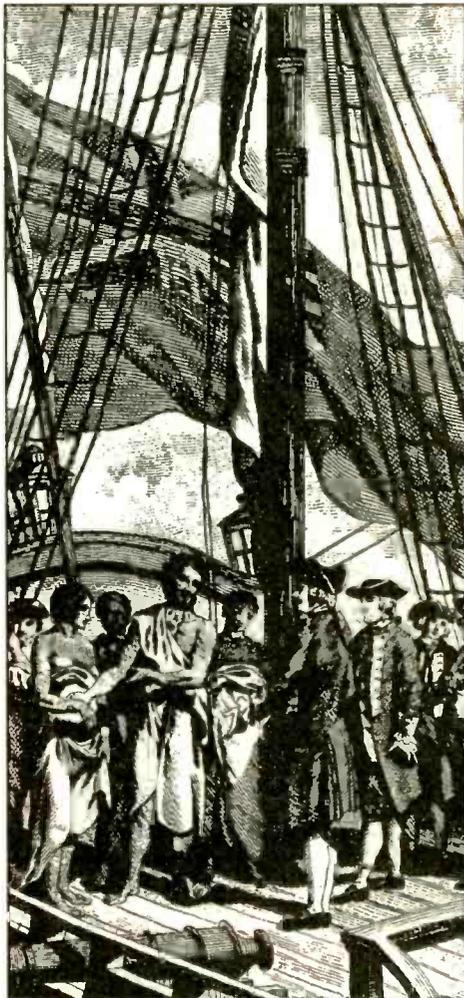
● **Suns 18th and 25th 1615 rep Mons 0730, 1330**



FEATURES

FEBRUARY

RIGHT: Captain Cook meets Maori chieftan O-Tai and his family aboard The Resolution. February marks the 150th anniversary of the Treaty of Waitangi between the Maoris and British settlers in New Zealand.



The Voyages of Captain Cook

(6 x 15 min)

HIGH LIGHT A seaman of supreme competence, Captain James Cook set sail for the South Seas in May 1768, on the first of three voyages which were to earn him a place among the greatest of discoverers.

In the next ten years he circumnavigated the globe twice, ranged from the Arctic to the Antarctic Circles and cleared up most of the outstanding mysteries of the Pacific Ocean. In particular he located the extent of New Zealand, proving beyond doubt that it was not the great southern continent dreamed of by theoretical geographers.

Always attentive to the health of his crew, the captain also attempted, in a rough and ready way, to treat the island people he met with fairness.

But relations with them became ever more strained as contact increased, and he ended up being killed on a beach in Hawaii in 1779. Cook's story is told in these programmes compiled from his journals by Roger Fenby and read by Peter Gilmore.

● **Suns from 4th 0215 rep Mons 1445, Thurs 0815**

The Literary North (6 x 15 min)

David Storey, prize-winning novelist and a playwright whose work has been translated into 30 languages, talks to **Julie Carter** in the first of this month's editions of *The Literary North*. The series features contemporary writers belonging to a literary tradition which reflects the landscape and the people of northern England.

Later programmes feature the playwright **Alan Plater**, brought up in the coal-mining regions of the North-east; the Cumbrian novelist **Melvyn Bragg**, whose 11 novels have been set mainly in the Lake District, and **Alan Bennett**, whose works include the plays *Habeas Corpus* and *Forty Years On* and the film *A Private Function*.

● **Mons until 26th 0815 rep 2315, Weds 1515**

You Asked For It (6 x 30 min)

In the final programme in this series of improvised storytelling, devised by the Cardiff Comedy Explosion, chairman **Luke Sorba** asks **Joste Lawrence**, **Paul Merton**, **Peter Wear** and **Neil Mullarkey** to perform extraordinary feats of verbal virtuosity on subjects suggested by members of the studio audience.

● **Wed 7th 1530 rep Thurs 0030, 1030**

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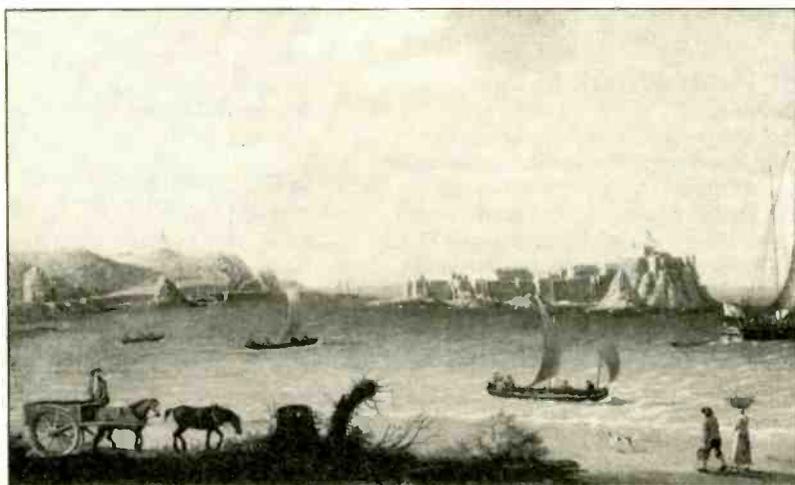
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WRITE ON...

LORE OF THE LETTER

Paddy Feeny, presenter of BBC World Service's letters programme, sifts through his correspondence...

In my more cynical moments I sometimes think that if only Fiona MacDonald and Gaenor Howells could learn to speak standard, not to say proper, English, we wouldn't need *Write On...* at all. That is a bit of an exaggeration but it is certainly true that no other topic provokes as much reaction and arouses such emotion as announcers' accents.

There are those who tut-tut with disapproval, who write in to say "surely you can find more worthwhile things to talk about", or words to that effect. And I have to admit that I do sometimes think: "Oh no, not again." But if you want to air it once more, where's the harm? After all, Fiona and Gaenor and Pam and Brian and Jonathan and the rest are your most constant companions on the World Service so it's only natural you should feel strongly about them.

It's the same with long-running shows such as *Outlook*. Of course people are upset when it's shortened - it would be surprising if they were not - and I'm sure we'll be coming back to that subject, too, in this series.

Likewise *Multitrack*. I tell you this: if ever a week goes by without someone aged 30-plus complaining about what a discordant heap of rubbish it is, and someone aged 30-minus proclaiming it the best programme in the history of broad-casting, I will become a fully paid-up member of the Arsenal Supporters Club. You don't make a promise like that lightly.

Obviously by letting off steam about the same things time and again you are making life a wee bit more complicated for an elderly broadcaster with one wife and two kittens to support. But that's not your problem and, to tell the truth, there is something challenging about trying to ring the changes on virtually identical material and making it fresh and palatable.

The main thing in my book is that the programme must be entertaining or no one is going to bother to listen to it.

Mind you, not everybody reads the same book, and I do get the occasional written sermon maintaining that *Write On...* should be an informed debate on the outstanding political issues of the day.

Can you tell me how on earth you're supposed to conduct an informed debate by post with somebody 6,000 and more miles away, especially on politics? Events

move so quickly these days that by the time a letter from New Zealand reaches London there could have been a world war, three changes of prime minister and a run on the German mark.

Phone-ins might be able to cope with the increasing speed at which things happen, but a letter programme? No way.

That is not to say we never do anything serious. Of course we do. In the last series alone we talked about AIDS, about grief over a death in the family and about conflicts in various parts of the world.

We looked into an allegation that an oil company was cutting down rare trees and considered the pornography of violence.

And, on your behalf, I questioned editors, producers and presenters about the quality and balance of their programmes. *Twenty-Four Hours* and *Newsdesk* could not have done more to help. In fact we're thinking of changing the

name of the programme from *Write On...* to *Twenty-Four Newsdesks*, with a signature tune composed by the rock group Queen!

While the programme has always had room for matters of substance, it has to reflect so many tastes and different aspects of broadcasting that there has also been room for what you might call the insubstantial: the lovely little human bits in the letters, the personal reminiscence sparked off by a competition, the amusing suggestions, the gentle chidings and generous compliments about World Service, and

things like the search for a motto, which was inspired by a letter.

That reminds me - there has been an unexpected spin-off from another letter, asking what people in the BBC eat.

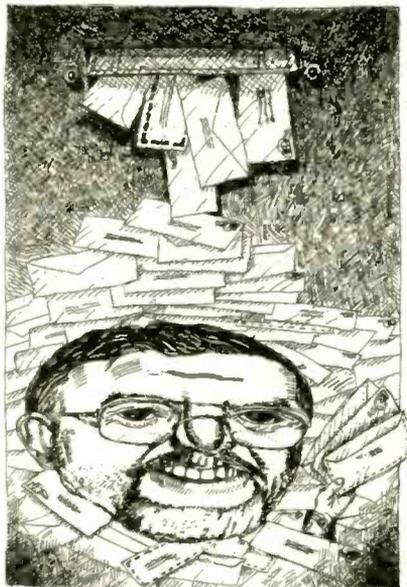
A worldwide charity organisation has become interested in publishing a Bush House cook book, with recipes from all the different nationalities who work here. It is only in its tentative stages as yet, though.

What all this amounts to is that there are really no ground rules as to what can or cannot go into the programme. The BBC management, to give it credit, has never tried to influence the choice of subjects. So it's up to you to make of the show what you will.

A programme like this is a matter of team work and shared responsibility between the person who writes the letter and the person who receives it.

In other words, if *Write On...* succeeds, it's because of the skill of the presenter. If it fails, that's entirely your fault.

● **Thurs 0730 rep 1445, 2145**
***Write On...*, PO Box 76, Bush House, Strand, London WC2B 4PH**



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FEBRUARY

Green Forms

(1 x 60 min)

Doris (unmarried, lives with her ailing mother, likes a cigarette) and Doreen (married to Clifford; in the event of a disaster she can always fall back on her hair-

dressing) work together in an office in an obscure department of a large organisation. It's a comfortable little number.

On a busy day the girls occupy themselves by wondering "whatever happened to Mrs Henstridge", whether "Southport is being wound down", or pursuing their bitter feud over the washbasin plug with Mr Cunliffe in Personnel. Work is the last thing to enter their minds!

However, today is not a normal day and slowly but surely Doris and Doreen realise that someone elsewhere in the organisation has his (or her) beady eye on them. The terrifying shadow of imminent redundancy falls swiftly across their tranquil lives! This gentle comedy by Alan Bennett stars **Rosemary Leach and Jean Boht**. David Hitchinson directs.

● Sun 4th 0101 rep 1201, 1901



The real world threatens the cosy office existence of Doreen (Jean Boht, left) and Doris (Rosemary Leach) in *Green Forms*.

PLAYS OF THE WEEK

The Long Sunset

(1 x 60 min)

AD 410, and the Roman Army is on the march, down the length of Britain to the South-east coast, ready to embark for Italy and leave this furthest outpost of Empire for ever.

The Goths have invaded Rome, the city has been sacked and the Emperor and his hangers-on have run for their lives.

Left behind in a now undefended Britain are a great number of Roman families. Among them are Julian and Serena, growing towards the autumn of their lives and now deprived of the thought of a comfortable retirement on their prosperous farm.



Departure of the Romans as depicted by H M Paget - *The Long Sunset*.

There are hordes of Saxons approaching by sea, Celts coming from the North - who can they turn to for help? There are rumours of a man called Arthur who, with his wife Guinevere, is leading a small army to restore order and the rule of law to the country. Could he be their saviour - or is their time in Britain over for ever?

Reginald Marsh, Gwen Watford and Edward de Souza star in this 60-minute production of R C Sheriff's play, adapted for radio by Penny Leicester and directed by David Hitchinson.

● Sun 11th 0101, rep 1201, 1901

Automatic Pilot

(1 x 60 min)

Charlie lives in Toronto in Canada. She is 30, writes for a soap-opera called *Land of Dreams*, and she has a problem. In fact, she has several!

Charlie's husband has discovered he is gay and has left her for another man; she is tearing her hair out trying to put up with the banalities of soap-opera; a new career as a stand-up comedienne isn't going too well; she doesn't recognise her new boyfriend when she wakes up after a heavy night; and her ex-husband keeps slipping the lock on her apartment and arriving at inopportune moments!

All in all, she is a very mixed-up lady and, one has to admit, the men in her life are doing a pretty good job of mixing her up even further.

All Charlie wants is a little success, some recognition and a reasonable relationship. It is painfully funny watching her try to find it all.

Shelley Thompson is Charlie in this one-hour version of Erika Ritter's play, which is directed by David Hitchinson.

● Sun 18th 0101 rep 1201, 1901

The Dippers

(1 x 90 min)

If only Stella and Henry had realised that they were both going to be in Coombe Puddy. If only Henry hadn't missed his train home. If only he hadn't agreed to impersonate a "professional" dancer. If only the dancer's wife hadn't been quite so lovely and if only Stella hadn't caught him in the bedroom of this lovely creature...

This play, adapted by Peter King from the novel by Ben Travers, was the winner of the 1989 Society of Authors Sony Radio Award for Best Dramatisation. **Michael Williams** plays Henry, with his real-life wife **Judi Dench** as Stella, **Freddie Jones** as Lord Mellingham and **Melinda Walker** as the female Dipper. Peter King is the director.

● Sun 25th 0030 rep 1130, 1830



Michael Williams.

OFF THE SHELF

(15 min)

**The Lost Domain
(Le Grand Meaulnes)**

"The gust of cold air coming in from the empty yard with *Le Grand Meaulnes*, the wisps of straw clinging to his clothes, but above all, the impression he gave of a traveller exhausted, famished, but under a spell - it set us tingling with an odd feeling of pleasure and curiosity."

Le Grand Meaulnes arrives at the secondary school in Sainte-Agathe, a peaceful village set in the rolling wooded countryside of central France, in the winter term.

On an icy December day he plays truant and when he returns, three days later, his life has been changed for ever.

He has chanced upon the remote and enchanted world of the lost domain, where he has fallen under the spell of the beautiful Yvonne de Galais and her capricious brother, Frantz. Now his only wish is to find his way back to the domain.

Meaulnes' school-friend, François, tells the story of the great adventure which began in their schooldays and continued to haunt their adult lives.

The only novel by the French writer Henri-Alban Fournier, known as **Alain Fournier**, the book became a classic of its kind after its publication in 1913. Translated by Frank Davison and

abridged in 15 episodes by Susan Cokyll, it is read by **Michael Williams** **Mon Jan 29th-Fri 16th**.



Alain Fournier, writer of *The Lost Domain*.

**The Confessions of Felix Krull,
Confidence Man**

This story also has a French connection, taking us from Germany to Lisbon via Paris, in the last quarter of the 19th century.

Felix is born in the town of Mainz, in the Rhine Valley, the son of a prosperous businessman. As a child he rapidly develops a talent for deception - forging his father's signature, playing truant from school and shoplifting.

After the failure of the family business and his father's suicide, Felix has to make his way in the world, living off his quick wits, charming manners and good looks. His success is such that he rapidly rises from his position as a humble hotel lift-boy to acceptance as a member of the European aristocracy.

The German novelist Thomas Mann (1875-1955) is best known for such works as *Buddenbrooks*, *The Magic Mountain* and *Death in Venice*. The humorous tale of Felix Krull spanned his long career: he had started on the story in 1910 but did not take it up again until 1953.

Hywel Bennett reads Mann's final novel, which has been abridged in 16 parts by Keith Darvill and produced by Maurice Leitch **Thurs 22nd-Fri March 9th**.

● **Daily Mons-Fris 0430 rep 1430**

Short Story

(15 min)

A married couple go on fishing trips together - but the dilemma they face over whether to keep or free their catch seems to have no easy solution. *Blue Marlin* is by Kenneth Beresford from Canada **4th**.

On a scorching day in Australia Christy's chance meeting with an old college friend turns into a sinister encounter in a decaying house. It soon becomes apparent that *Doreen* has lost touch with reality. The story is by C R Scott **11th**.

The Macramé Lesson takes a satirical look at colonial attitudes. Miz Betsy Bitterkitch's attempts to teach this craft to the natives of Phuket in Thailand go hilariously wrong. Markos Aertssen from Belgium wrote the story **18th**.

It's Lovely Finding Something You Didn't Know Where It Was captures the magical world of childhood. Seen through the eyes of a little girl, a trip to the coast of Brazil becomes an adventure. The author is Chester Graham **25th**.

● **Suns 0945 rep Mons 1945, Tues 0130**

So Much Blood

(6 x 30 min)

Charles Paris is investigating the death of Willy Mariello at the Edinburgh Festival. Willy was playing the part of David Rizzio in a play about Mary Queen of Scots presented by a university dramatic society. Charles believes his death might be connected with that of the murdered Rizzio.

But now his investigation follows a new line: student actress Lesley Petter breaks her leg when she falls downstairs, and claims to have been pushed - by Willie Mariello!

Francis Matthews plays Charles Paris in parts three to six of this thriller serial, adapted by Simon Brett from his book.

Produced by Martin Fisher.

● **Thurs until 22nd 1130 rep 1715, Fris 0230**

**Three Stories by
Katherine Mansfield**

(3 x 15 min)

This month brings a chance to hear three stories by the New Zealand writer of the early 20th century, Katherine Mansfield.

An Ideal Family: Mr Neave is the father of an ideal family, or so someone once told him. But as he returns to the family home

after a day at the office, he suddenly feels like an old man, isolated from his wife and children. The reader is **Geoffrey Beevers** **8th**.

The Singing Lesson: With her heart in turmoil after receiving Basil's letter, Miss Meadows still has to take the fourth, fifth and sixth forms for their singing lesson. As the children sing of the fading *Roses of Pleasure*, Miss Meadows finds it hard to control her emotions. **Margot Boyd** reads the story **15th**.

Feuille d'Album: Ian French is a young English artist working in Paris. He is very shy and rather lonely, but none of the women among his artistic acquaintances interests him. Instead, he is captivated by a young girl who lives in the house opposite his studio - but how can anyone as painfully shy as he is get to know her? The reader is **Joanna David** **22nd**.
● **Thurs from 8th 2130 rep Fris 0145, 1115**

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Composer Cameos

(6 x 15 min)

HIGH LIGHT To judge from most concert programmes nowadays, music history would seem to belong to a mere handful of well-known composers, with promoters normally too fearful to take risks with lesser-known names.

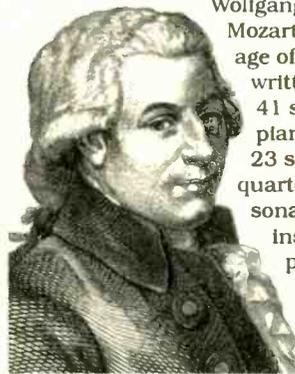
The casualties of this policy are the many fine pieces written by composers who were often considered great in their time but who have since, rightly or wrongly, slipped into relative obscurity.

In this new series, **Stephen Dodgson** introduces us to the lives and music of some of these composers, beginning with the 18th century Frenchman Jean-Marie Leclair. He is remembered for his violin sonatas, his opera *Scylla and Glaucus*, and for the way in which he met his end - he was stabbed to death, probably by a jealous nephew.

● **Mons from 26th 0145 rep Tues 0945, 1445**

Composer of the Month

(30 min)



Wolfgang Amadeus Mozart died at the age of 35 having written 20 operas, 41 symphonies, 27 piano concertos, 23 string quartets, many sonatas for various instruments, piano music, church music, and much else besides. In his short

International Recital

(8 x 45 min)

HIGH LIGHT The new series of concerts of chamber music given by artists from around the world continues this month. The recitals are broadcast live from the BBC's concert hall in London, and if you happen to be visiting the UK in February or March, you are welcome to join the audience.

Tickets are free and available from the address below. But whether you can come or not, World Service will be happy to send you a free programme-book giving full details of the artists and the music. Just write to *International Recital*, BBC World Service, Bush House, PO Box 76, London WC2B 4PH.

Performing this month are members of the **London Chinese Orchestra** in a programme of music from their homeland **4th**, and the Singaporean pianist **Yitkin Seow**, playing Chopin's *F Minor Fantasy* and Book Two of Brahms' *Paganini Variations 11th*.

The esteemed Russian violinist **Lydia Mordkovitch** is joined by pianist **Clifford Benson** for Prokofiev's *Sonata No 1 in F Minor* and the *Sonata No 3 in D Minor* by Brahms **18th**, while Canadian pianist **Paul Berkowitz**, a noted Schubertian, plays the composer's *Sonata in A minor, D734 25th*.

● **Suns 1515 rep Tues 2315**

life he experienced both favour and rejection. He died surrounded by jealousy and hounded by creditors, and was buried in a common grave. Nonetheless, Mozart left behind a legacy of riches in musical terms - riches, some say, unequalled by any other composer.

Composer of the Month takes a brief look at some of the vast output of this precociously talented young man, a man who was to influence generations of musicians to come.

● **Suns (ex 25th) 0030 rep 1130, 1830**

It's Not Only Rock 'n' Roll

(8 x 30 min)



A star of the '70s - Cat Stevens.

Patrick Humphries continues his musical journey, tracing the development of the singer/song-writer in popular music.

At the start of the 1970s, song-writers like Carole King, Cat Stevens, and Simon and Garfunkel held sway. Theirs were uniquely personal songs about ordinary human situations - "stayed in bed all morning just to pass the time" or "sitting on a railway station, got a ticket for my destination" - and yet their impact on the listening audience was enormous.

So as he weaves his way "through the bars of a rhyme", Patrick explains how music which began as highly personal became an integral part of rock culture.

● **Tues until 20th 0630 rep Weds 1615, 2115**

Gold and Silver (6 x 30 min)



A scene from a production of Offenbach's *Orpheus in the Underworld*.

HIGH LIGHT

In 1858 Jacques Offenbach stood the world of comic opera on its head with *Orpheus in the Underworld*, a sawtooth satire of the Orpheus legend, portraying the mythological musician as a failed composer and screeching violinist, and his wife Euridice as a good-time girl.

It was the spark that set off an operetta explosion, and in this second series of *Gold and Silver*, Nigel Douglas introduces well-known and unfamiliar works from both the "gold" and "silver" ages of operetta.

Following *Orpheus in the Underworld* 2nd comes *Wienerblut (Vienna Blood)* from a composer who had his full eight pints of it, **Johann Strauss the Younger 9th**.

Nigel then turns to an operetta which was all the rage in the 1880s but is now rarely performed - *The Bells of Corneville* by Robert Planquette 16th. Finally this month his theme is an operetta which was a unique combination of Viennese and Broadway styles. Franz Lehar's *Countess Maritza* 23rd.

● **Fris from 2nd 0030 rep 1030, 1715**

Sounding Brass

(6 x 15 min)

Britain's brass bands were outshone again last summer when, for the second year in succession, the European Championship was won by a band from Norway.

The winners hail from two towns near Bergen, and go under the fearsome name of **Eikanger/Bjorsvik Musikklag**. **William Relton's** series continues with the story of their success 5th.

Two British bands end the series: the current English champions, the **Leyland DAF Band** from Preston in Lancashire 12th are followed by Britain's oldest brass ensemble, the **John Foster Black Dyke Mills Band**, which has held weekly rehearsals in the same bandroom since 1823 19th.

● **Mons until 19th 0145 rep Tues 0945, 1445**

The Atlantic Story

(18 x 30 min)

Respect: Aretha at Atlantic 1967-1979: We reach the 12th instalment of this radio history of the Atlantic record label, and a further look at the career of the Queen of Soul, Aretha Franklin, who came to fame with Atlantic and is still going strong today 6th.

The following week marks Atlantic's move away from black music and the singles market to embrace "progressive" album rock in *Teach Your Children*, named after the song by Crosby, Stills, Nash and Young.

Rock landmarks for Atlantic included the *Woodstock* soundtrack, acquisition of the Rolling Stones label and partnership in Asylum Records 13th and 20th.

Teach Your Children touches on Atlantic's success with British groups such as Yes and Emerson, Lake and Palmer. But the most popular and influential heavy metal act ever was the label's first British signing - Led Zeppelin. The first part of their story can be heard in *The Mighty Arms of Atlas* 27th.

● **Tues 0830 rep 1715, Weds 0230**

The Story Lives On

(8 x 15 min)

Ashley Hutchings continues his history of British balladry with another selection of "stories in song". Many feature historical events and long-dead heroes and villains, but there are also 20th century ballads dealing with current issues.

These include a number by country singer Nanci Griffith about the recent

droughts afflicting farmers in the American Mid-West, and songs about apartheid and unemployment by Dick Gaughan. Dolores Keane and Johnny Clegg.

Among the other performers you can hear in the series are Australian songwriter Eric Bogle and Canadian composer Bruce Cockburn.

● **Fris 2115 rep Suns 0430, Tues 1345**

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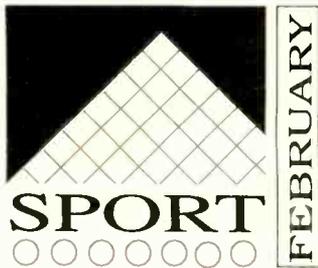
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GOOCH'S PROSPECTS

England's cricketers begin their tour of the Caribbean in St Kitts on February 2nd. By the time they return home in late April they will have played five test matches and four one-day internationals against the West Indies. Chris Florence looks ahead to the tour:

Graham Gooch, leading England in an overseas Test series for the first time, could not have chosen tougher opponents. The West Indies have won 14 of the past 15 tests against England, and Gooch's task is to become the first England captain to win a series against them since Ray Illingworth more than 20 years ago.

Since those days the pendulum has swung firmly the West Indies' way, and under first Clive Lloyd and now Viv Richards they have become unofficial world champions.

Cracks have threatened to appear in the West Indian make-up in the past couple of years, and growing problems surround their batting. But even now, with the possible exception of Pakistan, they can boast the most powerful batsmen in the world. Certainly their surfeit of pace bowlers has become the envy - and fear - of every test-playing country.

None of which can change the attitude of Gooch as he leads the new-look England side into this series. England's crushing Ashes defeat against Australia meant that changes had to be made. Four of the 16 players in the party have yet to play a test. A further eight have appeared just 41 times between them.

The talented Indian-born batsman from Essex, Nasser Hussain, won plenty of support throughout the last English season, and he will be heading the quartet eager to make their debuts.

The others are the Surrey pair of Alec Stewart and Keith Medlycott, and Ricardo

Elcock. Stewart, son of England manager Mickey Stewart, enjoyed his international baptism in the Nehru Cup one-day competition in India in October. Apart from his batting he will also cover as deputy wicket-keeper to Jack Russell.

Medlycott joins the party as a left-arm spinner after taking 65 wickets last season. Barbados-born Elcock, the Middlesex fast bowler, is on home ground.

His county colleague Angus Fraser is rewarded for being one of the few bright lights against Australia. He made three test appearances in the summer, two more than his new ball partner Devon Malcolm of Derbyshire, who was born in Jamaica.

So while the new ball attack has a fresh look about it, the same cannot be said about the spin department. Off-spinner Eddie Hemmings, at 40, is the oldest member of the party.

Gooch, with 73 test appearances, and vice-captain Allan Lamb, who has played in 57 tests, lead the batting line-up. Wayne Larkins, who played in the one-day series in India, is likely to start the tour as the captain's opening partner. Leaving out

David Gower and Ian Botham has deprived England of some valuable batting experience. But the newcomers now have a fine chance to confirm their own places.

Gooch was in charge in England's last test against the West Indies, at the Oval in 1988. He was England's fourth captain in that series. But now he is back in control he will be hoping for a settled captaincy.

There are daily reports on the tour in all editions of *Sports Roundup*, together with reports and commentary highlights in *Saturday Sportsworld*. Where possible listeners will also be updated between World Service programmes when play is in progress with the latest scores of the test matches and one-day internationals.

Other cricket this month includes Pakistan concluding their tour of Australia with the third test match at Sydney **3rd-7th**. The World Series Cup finals are due to be played at Melbourne **23rd**, Sydney **25th** and if required again at Sydney **27th**. England's A team tour of East Africa begins in Kenya **10th** before moving south to Zimbabwe for one-day matches in Harare **24th** and **25th**.

At Home With...

(6 x 15 min)

HIGH LIGHT

The name of **Molly Samuel** is hardly well-known, even among the most devoted sports fans, but she is rated among the world's best at her sport, or martial art - karate. Molly is still battling to get the recognition she deserves, as producer

Geoff Parker explains:

It would be nice to call the Molly Samuel story one of "rags to riches", but although she has won three European championships and two World Cup titles, and is one of the most respected fighters throughout the world, the riches have yet to arrive!

She still has to get up at five o'clock most mornings to do a part-time cleaning job to make ends meet. Her home is by no means luxurious: a second-floor council flat at Forest Gate, in the deprived East End of London. It also has to double as a part-time training site (see cover).

Molly's rise to world-class sportswoman is all the more remarkable when you realise that she has brought up her 13-year-old daughter Sharline alone. "My whole life revolved around looking after Sharline, cooking and working to pay the bills in those early days."

She was persuaded to take up karate in 1982, and within four years was Britain's number one international fighter. In 1987 in Budapest she became World Cup champion, and successfully defended the title last October. She was *Sunday Times* International Sportswoman of the Year in 1988. And Sharline? She finished second in her first-ever junior karate competition!

I have been involved with the *At Home With...* programmes for more than ten years, but no story has been so special to me as this one of total dedication succeeding against all the odds **9th**.

Paddy Feeny also visits five other sport stars in this new series; this month he is entertained by **Bob Wilson**, Arsenal's goal-keeper at the time of the Gunners' Cup and League double of 1971 **16th**, and by Fred Perry, who won three Wimbledon tennis titles in the '30s **23rd**.

● **Fris from 9th 1445 rep Suns 0915, Mons 0445**



Other sport:

TENNIS: The 1990 Davis Cup gets underway with eight world group first-round ties, and also African, American and Asia/Oceania group ties, **2nd-4th**.

The line-up for the world group is: West Germany v Netherlands; Argentina v Israel; New Zealand v Yugoslavia; Australia v France; Czechoslovakia v Switzerland; USA v Mexico; Spain v Austria; Italy v Sweden.

Sports Roundup and *Sportsworld* cover the new ATP tour, including the North American indoor championships with more than a million dollars' prize money **12th-18th**.

FOOTBALL: *Sportsworld* features live second half commentary every **Saturday 1615** on one of the day's top matches, including the FA Cup fifth round **18th**. There are also *Sportsworld Extras* **2305-2310** for league football **13th** and Cup replays **20th, 21st**.

HOCKEY: The world's top 12 nations contest the World Cup in Lahore, Pakistan **12th-23rd**. In the first round, the top two in each of two pools go into the semi-finals **21st**.

Pool A: Argentina, Australia, France, India, Netherlands and USSR. Pool B: Canada, England, W Germany, Ireland, Pakistan and Spain. Coverage in *Sports Roundup* and *Sportsworld*.

COMMONWEALTH GAMES: The 14th Commonwealth Games in Auckland reach their climax **1st-3rd**, with the final three days of track and field athletics.

There are seven track and field finals **1st**, including the men's 800 metres, and nine on the final day of competition **3rd**. Among these is the men's 1500 metres, in which Sebastian Coe is due to take part in the last competitive race of his illustrious career. *Sportsworld* presents commentaries, results and reports **0445 daily**, with further coverage in all editions of *Sports Roundup* and *Saturday Sportsworld* **3rd**.

BEHIND THE VOICE

The subject is raised again and again by readers: "When are you going to do a profile of Pamela Creighton?" they want to know. So we asked Alison Johnston to find out everything you always wanted to know about this popular World Service announcer...

Crisis Creighton is what they call her in Bush House. It's strange, but when something awful happens, newsreader Pamela always seems to be the one to announce it to the world. The Challenger spacecraft exploding, the deaths of two popes in the same year, the nuclear accident at Chernobyl, the assassination of Mrs Gandhi: "Even her son didn't believe it till he'd heard it from us," says Pamela.

Mrs Gandhi's death was a difficult announcement for her. Born of English parents in Delhi in 1933, her family had moved in the same circles as the Gandhis and as a child she mixed with their children. Her father, a steam engine designer and engineer with the Midland Railway, was asked by the British government to go out to India in 1922 to help build the North Western Railway at Peshawar, near Rawalpindi. Here he and Pamela's mother started their married life - with very little besides a tent and a motorbike with sidecar.

So how did Pamela make the leap from Delhi to the Bush House newsroom? Her father had a lot to do with it. By 1955 she had finished her education in England and the family had returned from India for good. She planned to take up a career in hotel work in South Africa but her father - an astute man by all accounts - sensed that she would be unhappy with the political situation there and sent her an ad from the *Daily Telegraph*.

The BBC was advertising for studio managers. To please her father, Pamela filled in the application form - and got the job! A keen listener to the World Service in India, she expressed an interest in what was then the External Services and began work as a studio manager/announcer for the BBC North American Service.

Those were the days when women were not considered fit to read the news. For one thing, their voices were thought too high and so not authoritative enough. Women were allowed on the air but tended to read recipes and items about knitting. After all, says Pamela ironically: "What woman knew anything about the news?"

It was as late as the 1970s that things began to change. Women had started to appear on television - they were, after all, decorative! Pamela was determined that if there were any chance of women being permitted to read the news, she would be in at the beginning. And so she was, becoming in 1972 only the second female newsreader on World Service.

So what is the attraction of this often nerve-racking job? "Being able to give people the opportunity of listening to the truth, in areas where they've never heard the truth in their lives," says Pamela.



THE ADMIRABLE CREIGHTON

The skill of imparting news is not one she feels can be taught. "You've got to be interested in passing on information. The feeling must come from inside. It can't be put on you. You must be yourself and only then can you begin to communicate with other people.

"I suppose it's like the difference between a great actor and a darned good performer. There's something a great actor has which comes from inside." The usual advice to a novice is to imagine reading the news to one person but, she prefers to think in

She made the fatal decision to abandon the match, moments before Geoff Hurst scored the clincher for England.

terms of a collection of different people: "one person sitting here, another standing over there, another working there, someone reading there - some of them very well informed, others who know nothing of what I'm telling them."

She has obviously managed this art of communication to an extraordinary extent. Travelling on a bus from Alexandria to Cairo, Pamela was tapped on the shoulder from behind by someone who had heard her voice and asked: "Do you broadcast?" "Yes." "Are you with the BBC?" "Yes." "Are you Pamela Creighton?" Right again.

There have been moments, though, when Pamela might have wished the ground would open up and swallow her - like the time she was announcing for the North American Service and faded out a football match before the closing moments.

It wasn't just any football match. It was the World Cup final between England and West Germany in 1966. The match had gone into extra time with the score

standing at two-all. Pamela, conscious that the next programme, classical music, was scheduled, let the football run as long as she dared but made the fatal decision to abandon the match, moments before Geoff Hurst scored the clincher for England.

"The whole of Bush House exploded. I went through the worst week of my life - I really thought I was finished. To me Brahms had seemed more important than football. I learnt a lesson then - that football is sacrosanct." She has been guilty of few howlers since, but does recall her husband, who also used to work for the BBC, once announcing: "This is the British Broadcasting Casteration."

A familiar voice to millions of listeners, Pamela receives about five letters a week from all over the world, answering each one personally from her back kitchen in Twickenham.

"I find some of them very moving. People write from abject poverty, managing to beg or borrow money for a stamp and airmail letter and ask me things like: 'Can I be your adopted son? Can you send me a watch? How can I get to England?' They don't so often want to marry me - they all want me to be their mother!" says Pamela, a little ruefully.

It was a lonely experience for her when she left India in 1945 to attend Cheltenham Ladies College. Intensely homesick, she detested, above all, sport. She had contracted typhoid in

India and survived thanks to her father, who had seen that all the family were inoculated.

There were no drugs in those days, only the body's ability to fight the disease. Her doctor warned her: "You'll get better but you're going to be very large." That put paid to the ballet dancing at which she had excelled, and made sport difficult.

"One term," she announces proudly, "I managed to be 'ill' every Thursday." Thursday was "gym". History, geography and English were her favourite subjects but her burning ambition was to be a brain surgeon. She had to drop that idea when she realised the astronomical cost to her parents of paying for a further nine years of training.

Travelling back and forth from India to school in England gave Pamela a taste for travel which has never left her. The Middle East is a favourite destination - especially Egypt and Jordan - with Cyprus a close runner-up.

What about unwinding after work? She is an avid stamp collector: "Of course, it's a great bonus working at Bush House." Gardening is another passion, shared by her husband who grows chrysanthemums which to me looked worthy of exhibition.

The garden is a long rambling one with a rustic wooden gate at the bottom leading to a further wider patch and overlooked by several sad-looking horse-chestnut trees, lopped by the 1987 hurricane.

As I left her house in leafy Twickenham, hastily avoiding the onslaught of rugby fans arriving for the England-Fiji International, it struck me what a good thing it was that Pamela Creighton's career had not ended in 1966 over a "mere" football match! The BBC World Service would have been much the poorer.

DAY TO DAY

Special programmes for ■ AFRICA ▲ ASIA ● THE CARIBBEAN ◆ THE FALKLANDS

SATURDAY

February 3 10 17 24

- 0000 **Newsdesk**
30 From the Weeklies
45 Recording of the Week
- 0100 **News Summary** followed by Outlook
25 Financial News
30 Health Phone-in Feature
45 Book Choice
▲ 45 **South Asia Survey**
50 New Ideas
- 0200 **World News**
09 British Press Review
15 Network UK
▲ 15 **Newsreel**
30 People and Politics
- 0300 **World News**
09 News About Britain
15 The World Today
30 The Vintage Chart Show
■ 30 **African News**
■ 35 **Saturdays Only**
- 0400 **Newsdesk**
30 Here's Humph! (ex 3rd Worldbrief)
■ 30 **African News**
■ 35 **Saturdays Only**
45 Worldbrief (ex 3rd Sportsworld Extra)
- 0500 **World News**
09 Twenty-Four Hours: News Summary
30 Financial News
40 Words of Faith
45 The World Today
- 0600 **Newsdesk**
30 Meridian
■ 30 **African News**
■ 35 **Saturdays Only**
- 0700 **World News**
09 Twenty-Four Hours: News Summary
30 From the Weeklies
■ 30 **African News**
■ 35 **Saturdays Only**
45 Network UK
- 0800 **World News**
09 Words of Faith
15 A Jolly Good Show
- 0900 **World News**
09 British Press Review
15 The World Today
30 Financial News followed by Sports Roundup
45 Worldbrief (ex 3rd Sports Roundup contd)
- 1000 **News Summary** followed by Here's Humph! (ex 3rd Worldbrief)
15 Letter from America
30 People and Politics
- 1100 **World News**
09 News About Britain
15 Health Phone-in Feature
30 Meridian
- 1200 **Newsreel**
15 Multitrack 3
45 Sports Roundup
- 1300 **World News**
09 Twenty-Four Hours: News Summary
30 Network UK
45 Personal View
- 1400 **News Summary** followed by The Ken Bruce Show
30 Sportsworld
- 1500 **Newsreel**
■ 00 **Arts and Africa**
15 Sportsworld contd

- 1600 **World News**
09 News About Britain
15 Sportsworld contd
- 1700 **News Summary** followed by Sportsworld contd
■ 00 **World News**
■ 09 **African News**
■ 15 **Arts and Africa**
30 Andy Kershaw's World of Music
45 Sports Roundup
- 1800 **Newsdesk**
30 Jazz for the Asking
■ 30 **Arts and Africa**
- 1900 **News Summary** followed by Feature
45 From the Weeklies
- 2000 **World News**
09 From Our Own Correspondent
25 Words of Faith
30 Meridian
- 2100 **News Summary** followed by Sports Roundup
15 Health Phone-in Feature
30 Eastern Europe: The Flight from Communism
- 2200 **News Hour**
- 2300 **World News**
05 Words of Faith
10 Book Choice
15 A Jolly Good Show

SUNDAY

February 4 11 18 25

- 0000 **Newsdesk**
30 Composer of the Month (ex 25th Play of the Week: The Dippers)
- 0100 **News Summary** (ex 25th) followed by Play of the Week: 4th Green Forms; 11th The Long Sunset; 18th Automatic Pilot; 25th The Dippers contd
- 0200 **World News**
09 British Press Review
15 The Voyages of Captain Cook
▲ 15 **Newsreel**
30 The Ken Bruce Show
- 0300 **World News**
09 News About Britain
15 From Our Own Correspondent
30 Jazz Score
■ 30 **African News**
■ 35 **Postmark Africa**
- 0400 **Newsdesk**
30 The Story Lives On
■ 30 **African News**
■ 35 **Postmark Africa**
45 Personal View
- 0500 **World News**
09 Twenty-Four Hours: News Summary
30 Financial Review
40 Words of Faith
45 Letter from America
- 0600 **Newsdesk**
30 Jazz for the Asking
■ 30 **African News**
■ 35 **Postmark Africa**
- 0700 **World News**
09 Twenty-Four Hours: News Summary
30 From Our Own Correspondent
■ 30 **African News**
■ 35 **Postmark Africa**
45 Book Choice
50 Waveguide
- 0800 **World News**
09 Words of Faith
15 The Pleasure's Yours
- 0900 **World News**

- 09 British Press Review
15 At Home With... (ex 4th)
30 Financial Review
40 Book Choice
45 Short Story
- 1000 **News Summary** followed by Science in Action
30 In Praise of God
- 1100 **World News**
09 News About Britain
15 From Our Own Correspondent
30 Composer of the Month (ex 25th Play of the Week: The Dippers)
- 1200 **News Summary** followed by Play of the Week: 4th Green Forms; 11th The Long Sunset; 18th Automatic Pilot; 25th The Dippers ...contd
- 1300 **Twenty Four Hours**
45 Sports Roundup
- 1400 **News Summary** followed by Health Phone-in Feature
15 Health Phone-in
- 1500 **Newsreel**
■ 00 **African Perspective**
15 International Recital
- 1600 **World News**
09 News About Britain
15 Interpol: Behind the Myth (ex 4th From Kashmir to the Cape; 11th Afgantsy)
■ 15 **African Perspective**
45 Letter from America
- 1700 **World News**
09 Book Choice
■ 09 **African News**
15 In Praise of God
■ 15 **African Perspective**
45 Sports Roundup
- 1800 **Newsdesk**
30 Composer of the Month (ex 25th Play of the Week: The Dippers)
■ 30 **African Perspective**
- 1900 **News Summary** (ex 25th) followed by Play of the Week: 4th Green Forms; 11th The Long Sunset; 18th Automatic Pilot; 25th The Dippers ...contd
- 2000 **World News**
09 Personal View
25 Words of Faith
30 Screenplay
- 2100 **News Summary** followed by Sports Roundup
15 The Pleasure's Yours
- 2200 **News Hour**
- 2300 **World News**
05 Words of Faith
10 Book Choice
15 Letter from America
30 Health Phone-in repeat

- 30 Anything Goes
■ 30 **African News**
■ 35 **Network Africa**
- 0400 **Newsdesk**
30 Off The Shelf
■ 30 **African News**
■ 35 **Network Africa**
45 At Home With... (ex 4th)
- 0500 **World News**
09 Twenty-Four Hours: News Summary
30 Waveguide
40 Words of Faith
45 Recording of the Week
- 0600 **Newsdesk**
30 Health Phone-in repeat
■ 30 **African News**
■ 35 **Network Africa**
- 0700 **World News**
09 Twenty-Four Hours: News Summary
30 Interpol: Behind the Myth (ex 5th From Kashmir to the Cape; 12th Afgantsy)
■ 30 **African News**
■ 35 **Network Africa**
- 0800 **World News**
09 Words of Faith
15 The Literary North
30 Anything Goes
- 0900 **World News**
09 British Press Review
15 Good Books
30 Financial News followed by Sports Roundup
45 Andy Kershaw's World of Music
- 1000 **News Summary** followed by Health Phone-in repeat
30 The Vintage Chart Show
- 1100 **World News**
09 News About Britain
15 Health Matters
30 The Ken Bruce Show
- 1200 **Newsreel**
15 Screenplay
45 Sports Roundup
- 1300 **World News**
09 Twenty-Four Hours: News Summary
30 Interpol: Behind the Myth (ex 5th From Kashmir to the Cape; 12th Afgantsy)
- 1400 **World News**
05 Outlook
30 Off The Shelf
45 The Voyages of Captain Cook
- 1500 **Newsreel**
15 Feature
■ 15 **Focus on Africa**
- 1600 **World News**
09 News About Britain
15 Good Books
■ 15 **Focus on Africa**
30 Health Matters
45 The World Today
- 1700 **World News**
09 Commentary
■ 09 **Focus on Africa**
15 Jazz Score
■ 40 **African News**
45 Sports Roundup
- 1800 **Newsdesk**
30 Multitrack 1: Top 20
■ 30 **Focus on Africa**
■ 55 **African News**
- 1900 **News Summary** followed by Outlook
25 Financial News
30 Network UK
45 Short Story
- 2000 **World News**
09 The World Today

MONDAY

February 5 12 19 26

- 0000 **Newsdesk**
30 In Praise of God
- 0100 **News Summary** followed by Feature
45 Sounding Brass (ex 26th Composer Cameos)
- 0200 **World News**
09 British Press Review
15 Andy Kershaw's World of Music
▲ 15 **Newsreel**
30 Science in Action
- 0300 **World News**
09 News About Britain
15 Good Books

DAY TO DAY

25 Words of Faith
30 The Vintage Chart Show

2100 News Summary followed by
Sports Roundup
15 Europe's World
● **15 Caribbean Report**
30 Sports International

2200 Newshour

2300 World News
05 Commentary
10 Financial News
15 The Literary North
30 Multitrack 1: Top 20

TUESDAY

February 6 13 20 27

0000 Newsdesk
30 Megamix

0100 News Summary followed by
Outlook
25 Financial News
30 Short Story
45 Europe's World
▲ **45 The World Today**

0200 World News
09 British Press Review
15 Network UK
▲ **15 Newsreel**
30 Sports International

0300 World News
09 News About Britain
15 The World Today
30 John Peel
■ **30 African News**
■ **35 Network Africa**

0400 Newsdesk
30 Off the Shelf
■ **30 African News**
■ **35 Network Africa**
45 New Ideas
55 Book Choice

0500 World News
09 Twenty-four Hours: News
Summary
30 Financial News
40 Words of Faith
45 The World Today

0600 Newsdesk
30 It's Not Only Rock 'n' Roll (ex
27th)
■ **30 African News**
■ **35 Network Africa**

0700 World News
09 Twenty-four Hours: News
Summary
30 Europe's World
■ **30 African News**
■ **35 Network Africa**
45 Network UK

0800 World News
09 Words of Faith
15 Health Matters
30 The Atlantic Story

0900 World News
09 British Press Review
15 The World Today
30 Financial News followed by Sports
Roundup
45 Sounding Brass (ex **27th**
Composer Cameos)

1000 News Summary followed by
Discovery
30 Sports International

1100 World News
09 News About Britain
15 Waveguide
25 Book Choice
30 Megamix

1200 Newsreel
15 Multitrack 1: Top 20
45 Sports Roundup

1300 World News
09 Twenty-four Hours: News
Summary
30 Network UK

45 The Story Lives On

1400 World News
05 Outlook
30 Off the Shelf
45 Sounding Brass (ex **27th**
Composer Cameos)

1500 Newsreel
15 A Jolly Good Show
■ **15 Focus on Africa**

1600 World News
09 News About Britain
15 Omnibus
■ **15 Focus on Africa**
45 The World Today

1700 World News
09 Commentary
■ **09 Focus on Africa**
15 The Atlantic Story
■ **40 African News**
45 Sports Roundup

1800 Newsdesk
30 Discovery
■ **30 Focus on Africa**
■ **55 African News**

1900 News Summary followed by
Outlook
25 Financial News
30 Development '90

2000 World News
09 The World Today
25 Words of Faith
30 Meridian

2100 News Summary followed by
Sports Roundup
15 Business Matters
● **15 Caribbean Report**
30 Megamix
◆ **30 Calling the Falklands**

2200 Newshour

2300 World News
05 Commentary (ex **13th**
Sportsworld Extra)
10 Financial News
15 International Recital

WEDNESDAY

February 7 14 21 28

0000 Newsdesk
30 Omnibus

0100 News Summary followed by
Outlook
25 Financial News
30 Images of Britain
45 Country Style
▲ **45 The World Today**

0200 World News
09 British Press Review
15 Health Matters
▲ **15 Newsreel**
30 The Atlantic Story

0300 World News
09 News About Britain
15 The World Today
30 Discovery
■ **30 African News**
■ **35 Network Africa**

0400 Newsdesk
30 Off the Shelf
■ **30 African News**
■ **35 Network Africa**
45 Country Style

0500 World News
09 Twenty-four Hours: News
Summary
30 Financial News
40 Words of Faith
45 The World Today

0600 Newsdesk
30 Meridian
■ **30 African News**
■ **35 Network Africa**

0700 World News
09 Twenty-four Hours: News
Summary
30 Development '90

■ **30 African News**
■ **35 Network Africa**

0800 World News
09 Words of Faith
15 Business Matters
30 Jazz Score

0900 World News
09 British Press Review
15 The World Today
30 Financial News followed by Sports
Roundup
45 Images of Britain

1000 News Summary followed by
Omnibus
30 Jazz for the Asking

1100 World News
09 News About Britain
15 Country Style
30 Meridian

1200 Newsreel
15 Talk
25 The Farming World
45 Sports Roundup

1300 World News
09 Twenty-four Hours: News
Summary
30 Development '90

1400 World News
05 Outlook
30 Off the Shelf
45 Business Matters

1500 Newsreel
15 The Literary North
■ **15 Focus on Africa**
30 Comedy Show Including **7th** You
Asked For It; **28th** Two Cheers for
February

1600 World News
09 News About Britain
15 It's Not Only Rock 'n' Roll (ex
28th)
■ **15 Focus on Africa**
45 The World Today

1700 World News
09 Commentary
■ **09 Focus on Africa**
15 Society Today
30 New Ideas
40 Book Choice
■ **40 African News**
45 Sports Roundup

1800 Newsdesk
30 Multitrack 2
■ **30 Focus on Africa**
■ **55 African News**

1900 News Summary followed by
Outlook
25 Financial News
30 Network UK
45 Images of Britain

2000 World News
09 The World Today
25 Words of Faith
30 Assignment

2100 News Summary followed by
Sports Roundup
15 It's Not Only Rock 'n' Roll (ex
28th)
● **15 Caribbean Report**
45 Recording of the Week

2200 Newshour

2300 World News
05 Commentary
10 Financial News
15 Good Books
30 Multitrack 2

THURSDAY

February 1 8 15 22

0000 Newsdesk
30 Comedy Show including **1st** Two
Cheers for January; **8th** You
Asked For It

0100 News Summary followed by
Outlook

25 Financial News
30 Waveguide
40 Book Choice
45 Society Today
▲ **45 The World Today**

0200 World News
09 British Press Review
15 Network UK
▲ **15 Newsreel**
30 Assignment

0300 World News
09 News About Britain
15 The World Today
30 Screenplay
■ **30 African News**
■ **35 Network Africa**

0400 Newsdesk
30 Off the Shelf
■ **30 African News**
■ **35 Network Africa**
45 Andy Kershaw's World of Music
(ex **1st** Sportsworld Extra)

0500 World News
09 Twenty-four Hours: News
Summary
30 Financial News
40 Words of Faith
45 The World Today

0600 Newsdesk
30 Talk
■ **30 African News**
■ **35 Network Africa**
40 The Farming World

0700 World News
09 Twenty-four Hours: News
Summary
30 Write On...
■ **30 African News**
■ **35 Network Africa**
45 Network UK

0800 World News
09 Words of Faith
15 The Voyages of Captain Cook (ex
1st Viva Garibaldi!)

0900 World News
09 British Press Review
15 The World Today
30 Financial News followed by
Sports Roundup
45 Society Today (ex **1st** Sports
Roundup contd)

1000 News Summary followed by
Assignment
30 Comedy Show including **1st** Two
Cheers for January; **8th** You
Asked For It

1100 World News
09 News About Britain
15 New Ideas
25 Book Choice
30 So Much Blood

1200 Newsreel
15 Multitrack 2
45 Sports Roundup

1300 World News
09 Twenty-four Hours: News
Summary
30 Network UK
45 **1st** and **15th** Folk in Britain; **8th**
and **22nd** Jazz Scene UK

1400 World News
05 Outlook
30 Off the Shelf
45 Write On...

1500 Newsreel
15 The Pleasure's Yours
■ **15 Focus on Africa**

1600 World News
09 News About Britain
15 Assignment
■ **15 Focus on Africa**
45 The World Today

1700 World News
09 Commentary
■ **09 Focus on Africa**
15 So Much Blood
■ **40 African News**
45 Sports Roundup

1800 Newsdesk
30 Focus on Faith

DAY TO DAY

- 30 Focus on Africa
- 55 African News
- 1900 News Summary followed by Outlook
- 25 Financial News
- 30 Talk
- 40 The Farming World
- 2000 World News
- 09 The World Today
- 25 Words of Faith
- 30 Meridian
- 2100 News Summary followed by Sports Roundup
- 15 Seven Seas
- 15 Caribbean Report
- 30 Three Stories by Katherine Mansfield (ex 1st The Learning World)
- 45 Write On...
- 2200 Newshour
- 2300 World News
- 05 Commentary
- 10 Financial News
- 15 Music Review

FRIDAY

February 2 9 16 23

- 0000 Newsdesk
- 30 Gold and Silver
- 0100 News Summary followed by Outlook
- 25 Financial News
- 30 2nd and 16th Folk in Britain;

- 9th and 23rd Jazz Scene UK
- 45 Three Stories by Katherine Mansfield (ex 2nd The Learning World)
- ▲ 45 The World Today
- 0200 World News
- 09 British Press Review
- 15 Seven Seas
- ▲ 15 Newsreel
- 30 So Much Blood
- 0300 World News
- 09 News About Britain
- 15 The World Today
- 30 Focus on Faith
- 30 African News
- 35 Network Africa
- 0400 Newsdesk
- 30 Off the Shelf
- 30 African News
- 35 Network Africa
- 45 Jazz Scene UK (ex 2nd Sports-world Extra and 16th Folk in Britain)
- 0500 World News
- 09 Twenty-four Hours: News Summary
- 30 Financial News
- 40 Words of Faith
- 45 The World Today
- 0600 Newsdesk
- 30 Meridian
- 30 African News
- 35 Network Africa
- 0700 World News
- 09 Twenty-four Hours: News Summary
- 30 Eastern Europe: The Flight From Communism
- 30 African News

- 35 Network Africa
- 0800 World News
- 09 Words of Faith
- 15 Music Review
- 0900 World News
- 09 British Press Review
- 15 The World Today
- 30 Financial News followed by Sports Roundup
- 45 Seven Seas (ex 2nd Sports Roundup Contd)
- 1000 News Summary followed by Focus on Faith
- 30 Gold and Silver
- 1100 World News
- 09 News About Britain
- 15 Three Stories by Katherine Mansfield (ex 2nd The Learning World)
- ▲ 15 Dateline East Asia
- 30 Meridian
- ▲ 45 Dateline East Asia
- 1200 Newsreel
- 15 Eastern Europe: The Flight from Communism
- 45 Sports Roundup
- 1300 World News
- 09 Twenty-four Hours: News Summary
- 30 John Peel
- 1400 World News
- 05 Outlook
- 30 Off the Shelf
- 45 At Home With... (ex 2nd)
- 1500 Newsreel
- 15 Music Review
- 15 Focus on Africa

- 1600 World News
- 09 News About Britain
- 15 Science in Action
- 15 Focus on Africa
- 45 The World Today
- 1700 World News
- 09 Commentary
- 09 Focus on Africa
- 15 Gold and Silver
- 40 African News
- 45 Sports Roundup
- 1800 Newsdesk
- 30 Multitrack 3
- 30 Focus on Africa
- 55 African News
- 1900 News Summary followed by Outlook
- 25 Financial News
- 30 Network UK
- 45 Here's Humph! (ex 2nd Folk in Britain)
- 2000 World News
- 09 The World Today
- 25 Words of Faith
- 30 Science in Action
- 2100 News Summary followed by Sports Roundup
- 15 The Story Lives On
- 15 Caribbean Report
- 30 People and Politics
- ◆ 30 Calling the Falklands
- 2200 Newshour
- 2300 World News
- 05 Commentary
- 10 Financial News
- 15 Worldbrief
- 30 Multitrack 3

ALTERNATIVES

- **AFRICAN NEWS**
Daily (ex 25th and 26th) 0330, 0430, 0630, 0730; 1709 (Sats, Suns only); 1740, 1855 (ex Sats, Suns)
- **ARTS AND AFRICA**
A forum for Africa's musicians, painters and performers **Sats 1500 rep 1715, 1830**
- **FOCUS ON AFRICA**
A continent-wide team of experts bring up-to-the-minute coverage of the African political scene, followed by the latest on sport, economics, medicine and the media in Africa **Mons-Fris 1515, 1615, 1709, 1830**
- **NETWORK AFRICA**
Early morning listening with Hilton Fyle and the Network team, packed with information, personalities and music **Mons-Fris 0335 rep 0435, 0635, 0735**
- **POSTMARK AFRICA**
An expert answer to any question under the

- sun - send your questions to *Postmark Africa*, BBC African Service, London WC2 **Suns 0335 rep 0435, 0635, 0735**
- **SATURDAYS ONLY**
A varied mix of special programmes to start the African weekend - lots of good talk and music and once a month a quiz **Sats 0335 rep 0435, 0635, 0735**
- ▲ **DATELINE EAST ASIA**
A weekly magazine dealing with the political and economic affairs of North-east and South-east Asia **Fris 1115, 1145**
- ▲ **SOUTH ASIA SURVEY**
An in-depth analysis of political and other developments in South Asia **Sats 0145**
- **CARIBBEAN REPORT**
Weekday coverage of Caribbean affairs in Britain, the EEC and the Caribbean region, with the emphasis on political and economic analysis **Mons-Fris 2115**

648
for North-west Europe

MONDAYS

- 0000 As World Service In English
- 0430 Letter from America
- 0445 News & Press Review in German
- 0500 Morgenmagazin
- 0535 News in German; Headlines in English & French
- 0547 Sports News
- 0550 Book Choice
- 0555 Weather & Travel News
- 0600 As World Service in English
- 0630 Londres Matin

- 0700 As World Service in English
- 1130 Londres Midi
- 1200 As World Service in English
- 1615 BBC English
- 1630 Heute Aktuell
- 1700 As World Service in English
- 1715 The World Today
- 1730 Londres Solr
- 1814 News Headlines in English
- 1815 BBC English
- 1830 Heute Aktuell
- 1900 Kaleidoskop
- 1930 German Features; News
- 2000 As World Service in English

TUESDAYS-SUNDAYS
as Mondays except:

- 0430 The World Today Tues-Sats

- to 0445
- Personal View **Suns to 0445**
- 0500 German Features **Sats, Suns to 0535**
- 0550 Financial News **Tues-Sats to 0555**
- Financial Review **Suns to 0555**
- 1630 German News and Features **Sats, Suns to 1700**
- 1700 News Summary; Sportsworld **Sats to 1730**
- 1715 Club 648 **Suns to 1730**
- 1830 German News and Features **Suns to 2000**
- 1900 German Features; News **Sats to 2000**

POETRY COMPETITION

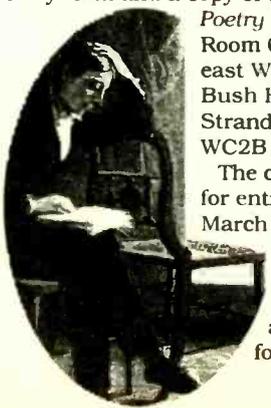
Although the *Poems by Post* series which has just ended on World Service asked for requests for poetry by published poets, quite a few listeners were inspired to send in poems which they had written themselves.

So why not, said Michael Rosen, who presents the series, have a competition specifically for poetry written by listeners? And that is exactly what is happening, with the results to be broadcast when the next series of *Poems by Post* starts this autumn.

BBC World Service is offering prizes of £250, £100 and £50 for the best three poems received. If you are interested in having a go, write for an entry form and a copy of the rules to:

Poetry Competition, Room 636 South-east Wing, BBC, Bush House, Strand, London WC2B 4PH.

The closing date for entries is March 31st, so don't delay: write in for an entry form now!



HEALTH

THE TRAVELLERS' GUIDE

Half of all people who travel are likely to suffer health problems that interfere with the enjoyment or success of their trip. Some of these problems are serious but most are preventable.

World Service turns its attention to health this month, and with those many listeners who travel regularly in mind, we asked Dr Richard Dawood to outline the hazards which might face them - and the precautions available.

This year, around 10 per cent of the world's population will travel to at least one other country. The recent growth in world travel has focussed attention upon an area of medicine that has been sadly neglected in the past - travellers' health.

IMMUNISATION is the best-known health precaution for travel and can now prevent many diseases.

Formal vaccination certificate requirements relate to yellow fever and sometimes cholera and are intended to protect countries from imported disease. Vaccines recommended for personal protection are not compulsory.

A full course of vaccination is advised for all travellers to certain parts of Africa and South America. It is a certificate requirement in Asia for travellers arriving from these countries. Cholera vaccine is not very effective and is now rarely advised for personal protection. Fewer than half a dozen countries now require a certificate from travellers arriving from infected areas.

Anyone travelling to hot countries, or places with poor hygiene or sanitation, should consider immunisation against hepatitis A (with the gamma-globulin injection) and typhoid, although many people who live in developing countries might already be immune - this can be checked with a simple blood test.

Immunisation against polio and tetanus does not provide lifelong protection and boosters are needed every five to ten years.

Depending on where you are going, one or more of the following immunisations might also be advisable: rabies, hepatitis B, Japanese encephalitis, meningitis, tick-borne encephalitis and plague.

MALARIA occurs in more than 100 countries, including most of Africa, Asia and Latin America. It is spreading, as is resistance of the malarial parasite to conventional preventive drugs, particularly chloroquine. Increasing experience with alternative drugs reveals unacceptably high risks of toxic effects, so in countries with chloroquine-resistant malaria the most effective drugs now cannot be used.

All visitors to countries with malaria should take anti-malarial tablets for the

duration of their trip, starting three or four days before departure and continuing for at least four weeks after leaving the area. The drugs are not foolproof; precautions against insect bites are also important to reduce the risk. Malaria causes rapid deterioration, and is potentially fatal.

If you live in a country where malaria is common, you should know that doctors in some western countries are not always good at diagnosing it, as they see so few cases. If you are visiting a country with no malaria or with a different form, and will be staying there for a long period, you are likely to lose any immunity you might have acquired, and might be at increased risk of malaria when you return home.

INSECTS - the sheer nuisance value of mosquito bites alone is incentive enough to take careful precautions against them, but mosquitoes also spread disease: careful precautions reduce the likelihood of insect-borne disease by a factor of ten.

The official line on speculation about mosquitoes bearing AIDS is that it is ill-founded, but malaria is not the only risk: there are many unpleasant insect-borne viral diseases for which there is no vaccine or drug treatment, dengue fever being one.

Mosquitoes bite especially around dusk, when it is important to wear long sleeves, trousers and socks. Apply a chemical repellent to clothes and exposed skin:

diethyl-toluamide (DEET), hexane-diol, and citronella are active ingredients to look for.

Choose products with a high concentration of active ingredient, because these need to be applied less often.

They are available as sprays, gels, creams, sticks and wipes. DEET can be used to impregnate clothing.

Use a spray insecticide in your bedroom, two or three hours before going to sleep, and again if necessary, unless the room is well-screened and air-conditioned.

If mosquitoes are able to enter your room at night, use a mosquito coil or other slow-burning insecticide product to protect you while you sleep.

Use a mosquito bed net whenever possible, especially in malarial areas.

FOOD HYGIENE - food-borne illnesses include diarrhoea, dysentery, giardiasis, hepatitis A, typhoid, polio and parasitic infestations.

Careful choice and preparation of food offer the best protection. Unfortunately, contaminated food can still seem appetising, and it can be difficult to refuse food prepared for you by others, especially when hungry. As a traveller you become dependent on the hygiene standards of others. On a two-week trip, you might be eating 42 meals prepared by other people.

Learn to select food abroad on the basis of safety, not just appetite. You are taking a risk with:

raw or inadequately cooked shellfish or seafood (prawns and shellfish need at least 10 minutes' vigorous boiling for heat sterilisation);

raw salads and fruit that have not been thoroughly washed in clean water, or that you cannot peel yourself;

food that has required intricate preparation with much handling;

food that has been stored and reheated after cooking;

food left out in warm temperatures under which bacteria multiply fast;

food on which flies might have settled - including condiments, dressings and spicy sauces left out on tables;

Continued on next page

"Could you cope with waking up to find that cockroaches have drowned in your mouth?"

Danny de Souza, who spent 12 years in a Turkish prison



"I totally support Prisoners Abroad. Their wonderful work is not just worthwhile but absolutely vital".
JULIE WALTERS

In 56 countries Prisoners Abroad works for the welfare and interests of Britons detained overseas and their families here in Britain. Some suffer terrible deprivation, degrading conditions and torture. Some depend on us for their total survival. We are the only charity working in this field. We urgently need to raise more funds both to continue our work and to reach out to over 1000 others who also need our help.



"Please help Prisoners Abroad to continue their important work".
DANIEL DAY-LEWIS

Please help us to help them by completing and returning the coupon below. Your support will make someone's detention more bearable. It may mean the difference between despair and hope. It could even save a life.

HOW YOU CAN HELP:

● **MAKE A DONATION:** I enclose a sterling money order for £.....
OR I enclose a cheque drawn on a UK bank in sterling for £.....
OR Please debit my Access/Visa card no.

for £10 £20 £50 £..... (please specify amount in sterling)

Signed _____ Name _____

Address _____ Country _____

● I would like to visit British prisoners in my area. Please contact me

● Please send me details on the work of Prisoners Abroad

Prisoners Abroad, 82 Rosebery Avenue, London EC1R 4RR. Tel 01 833 3467.

HEALTH

THE TRAVELLER'S GUIDE

Continued from previous page

rare or under-cooked meat: for safety, all meat should be cooked until no red colour remains:

Eating safely means you won't always be able to eat when, where and what you want. Food that has been freshly and thoroughly cooked and served hot is safe.

WATER PURITY - many countries still do not have a safe and reliable water supply. Purify water by boiling, or with iodine - add four drops of 2 per cent tincture of iodine (the standard solution) to each litre of water, and allow to stand for 20 minutes before drinking.

HOT CLIMATES - for people who live in cool climates, acclimatisation to a hot one usually takes around three weeks, and it is more difficult in humid climates than in dry ones.

Human thirst is not an accurate guide to true fluid requirements. In hot countries it is always essential to drink beyond the point of thirst-quenching to improve adaptation, and to drink sufficient water to ensure that urine is consistently pale in colour. Salt losses also need to be replaced.

Heatstroke results in failure of the body's heat control mechanisms: sweating

diminishes and body temperature rises; headache and delirium also occur. In this situation, prompt treatment is essential. The priority is to lower body temperature: remove clothing, and cover the victim with a wet bed-sheet, while arranging transfer to hospital.

Overcast conditions in the tropics can be misleading - the sun's rays can still be fierce. Acute sunburn not only adds to the long-term risk of skin cancer and premature ageing but results in a blotchy, uneven tan. Anyone not interested in a tan should cover up and use a high protection factor sunscreen, paying special attention to bald spots, tops of ears, feet, and parts of the body not normally exposed! For those who want a tan, tan very slowly.

COLD CLIMATES - there is little that can be done to acclimatise to a cool climate as one can adapt to heat: the most important thing is to travel with suitably warm clothing.

ACCIDENTS kill 25 times more travellers abroad than infectious or tropical diseases. They are also the most important hazard facing travellers from developing countries to more developed ones.

Accidents abroad follow a depressingly familiar and repetitive pattern. Much of the problem is one of attitude - people lower their guard abroad, taking risks they would not normally consider at home.

Most accidents occur on the road: commonsense precautions that are usually

observed at home are ignored. Dangers include not wearing seatbelts, ignoring speed limits (and driving too fast when there are none), drinking and driving, driving at night, when tired or suffering from jet-lag, and not looking both ways before crossing the road!

Not the least reason for doing everything possible to prevent accidents abroad is that emergency services and medical care of a good standard might be hard to find, especially if you are stuck on an island, or in a remote place.

Common causes of accidents include the riding of mopeds and motorcycles; insecure balconies and balustrades; and hotel lifts of the type in which the lift cage has only three sides, enabling hands and clothing to become trapped against the lift shaft.

Neck injuries from diving into shallow water account for one tenth of all spinal injuries.

INSURANCE - always make sure you have adequate health insurance for your trip, to cover the cost of any medical expenses, as well as the cost of getting you home again. Medical treatment in many countries can be extremely expensive.

Dr Richard Dawood is editor of *Travellers' Health: How To Stay Healthy Abroad*, published in paperback by Oxford University Press at £5.95. It is available on mail order from The OUP Bookshop, 116 High Street, Oxford OX1 4BR: add £1.50 postage and packing.

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YOUR letters

Edited by Lynfa Davies

BALANCED NEWS

Try as much as the BBC could, it sure appears you guys can't really rise above a sure biased news coverage and features. The BBC is still heavily influenced knowingly or unknowingly by the imperialist and capitalist policies of the Conservative party of Mrs Thatcher. Otherwise how can one explain the fact that issues and news affecting the Communist world, if unpleasant, are given more than detailed coverage?

The crush of the mini counter-revolution in China is a case in point. China featured in the headlines of the BBC and indeed the Western media for weeks. The explanation by the Chinese authority was given shabby coverage.

Again the oppression by the Nigerian government of the academic society and the closure of eight Nigerian universities for about nine months went virtually unnoticed by the eagle-eyed BBC. Or is it because of the close colonial relationship between Britain and Nigeria?

TUNDE ERAZE ONIHA, NIGERIA

Peter Shaw, Newsroom Editor, World Service News replies:

Examination of the World Service news file in both English and vernacular show that prominence was given on more than one occasion to the Chinese government's official explanations of what happened in Tiananmen Square. And also that much time was devoted to Nigeria, including the graphic accounts of the disturbances from correspondents.

In respect of China, there were indeed weeks of headlines - in response to overwhelming evidence of outright opposition to the government of the world's largest state.

Its impact was universal and our coverage had nothing to do with our perception of Mrs Thatcher's views.

Nor had Britain's relationship with Lagos anything to do with our treatment of Nigeria. The situation was covered and accorded prominence on merit.

SATELLITE SERVICE

As I believe there are over a million owners of satellite receiver dishes in the North American and Caribbean area you should consider informing your readers that a relay of the BBC World Service can be received, with complete clarity throughout the day and night, on an audio channel of the satellite Galaxy 3 (93.5 degrees West), Transponder 24, at a subcarrier frequency of 5.40 KHz.

M J BRADLEY QC,
GOVERNOR, TURKS & CAICOS ISLANDS

Mark Deutsch, Development Manager, Overseas Administration, replies:

BBC World Service is now distributed on this satellite by courtesy of the US public affairs network C-Span, for use by its affiliate cable systems in the United States. Cable-TV subscribers should contact their local operator to ask for the service.

The programme is also freely available to private satellite dish owners in the North American area.

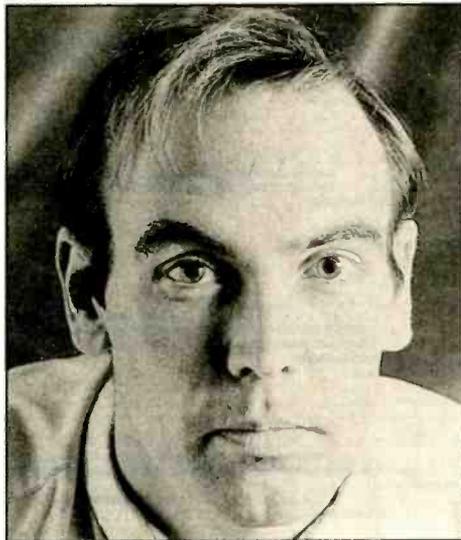
PHOTO OPPORTUNITY

I should like to follow up Aisha Hamdan's letter published in August's *London Calling* and the photographs of the faces behind those wonderful voices which appeared in the September edition. Relatively "new boy" Jonathan Izard is very popular with me at the moment. His measured humorous touches are just right.

Other long-time favourites of mine include Malcolm Billings... and Ian Robertson for the energy and enthusiasm of his rugby union commentaries. I might add that I have never played the game...

D R QUAYLE, ITALY

Let us know which World Service faces you would like to see in *London Calling*.



Announcer Jonathan Izard - by request.

RELAY REACTION

I am very unhappy that you have decided to discontinue identifying the relay stations in the *London Calling* frequency charts. The more than one million English-speaking people in Hawaii are not in any BBC shortwave target area. I have to depend on reception on the overshoot of transmissions beamed to other areas... without the identity of the relay station I cannot tell which transmissions are beamed to my area.

HAROLD GADE, HAWAII, USA

With tears of joy in my eyes I read and heard your announcement about the new 15285 kHz frequency, going to hop, starting October, from Ascension to Brazil in those priceless prime time morning hours!

However, 'til now (October 22nd) I've been waiting and listening in vain... and even worse! Starting November not even a mention of "A" (= Ascension), so very useful for us poor listeners in Brazil, is in your frequency list! (Neither are the other relay station indications.) Why?

RAYMOND LIMBERTIE, BRAZIL

Mike Still, Senior Engineer, Transmission Planning Unit, replies:

Because all the frequencies advertised for any part of the world are specifically designed to serve the areas for which they are advertised, it now seems to us that knowing where they

are transmitted from is not essential information for the listener. Moreover, it could well be that the inclusion of superfluous data will distract from the essential and important information about times and frequencies.

We plan our shortwave frequency usage in a dynamic as well as a very competitive environment, so we must reserve the right to make last-minute frequency changes if we are going to give our worldwide audience the best possible reception.

*The most common reasons for last-minute changes are to avoid interference from other broadcasters or to recognise that the ionosphere is not behaving as we had predicted. Unfortunately, the lead time necessary for the production and worldwide distribution of *London Calling* can mean that last-minute frequency changes are not reflected immediately, and it may take us an edition or even two to catch up.*

On those occasions, when a frequency really is not working well, it seems to us that the best solution is to change to the new and better frequency straight away, rather than persist with a bad one until our printed publicity can catch up. It should be remembered that when we do make a frequency change, the new programme information is advertised "on-air" straight away.

The transmission previously advertised on 15285 KHz now operates on 15180 KHz 0900-1100 GMT.

HOPEFUL IN HUNGARY

I am very happy to have Sally Ackroyd here in Hungary as the BBC's accredited reporter. She covers events soberly and frankly... She was certainly brought up on the BBC's famous independent traditions.

However, what bothers me is her pessimism. The "Dark Age" of terror and fear is over, it must be forgotten for ever in our country. She must be more optimistic when evaluating our everyday life and by this she will help us tremendously.

SZABO LASZLO, HUNGARY

DON'T QUIBBLE, GORDON!

Am I alone in feeling that "The Pleasure's Not Mine" when I hear Gordon Clyde quibbling over some listeners' names whose exact pronunciation he's not quite sure of?

Come on, Gordon! Just come out straight and say it the way it sounds right to you... if any listener's letter inconsiderately carries an illegible name, please don't tell us all about it. Just throw it away and go pick out another from the hundreds of other requests in the sack...

RONI KHAN, INDIA

NETWORK APPRECIATION

You can't imagine how deeply one feels about your programme *Network Africa* - indeed, this programme happens to draw the attention of the people of my locality, both the urban and the rural settlers...

As we are all aware, the essentials of a broadcasting station are to give information, express people's views and to entertain. All these essentials are packed and matched together in *Network Africa*.

MOHAMMED JINGI, NIGERIA

If you would like to express your views about BBC World Service and its programmes, please write to *Your Letters, London Calling, PO Box 76, Bush House, Strand, London WC2B 4PH. If you would like your letter read over the air, send it to Write On... at the same address.*

BBC World Service reception quality can be variable, so it is worth trying different frequencies to improve your listening. Lower frequencies generally give best results early in the morning and late at night, higher ones in the middle of the day.

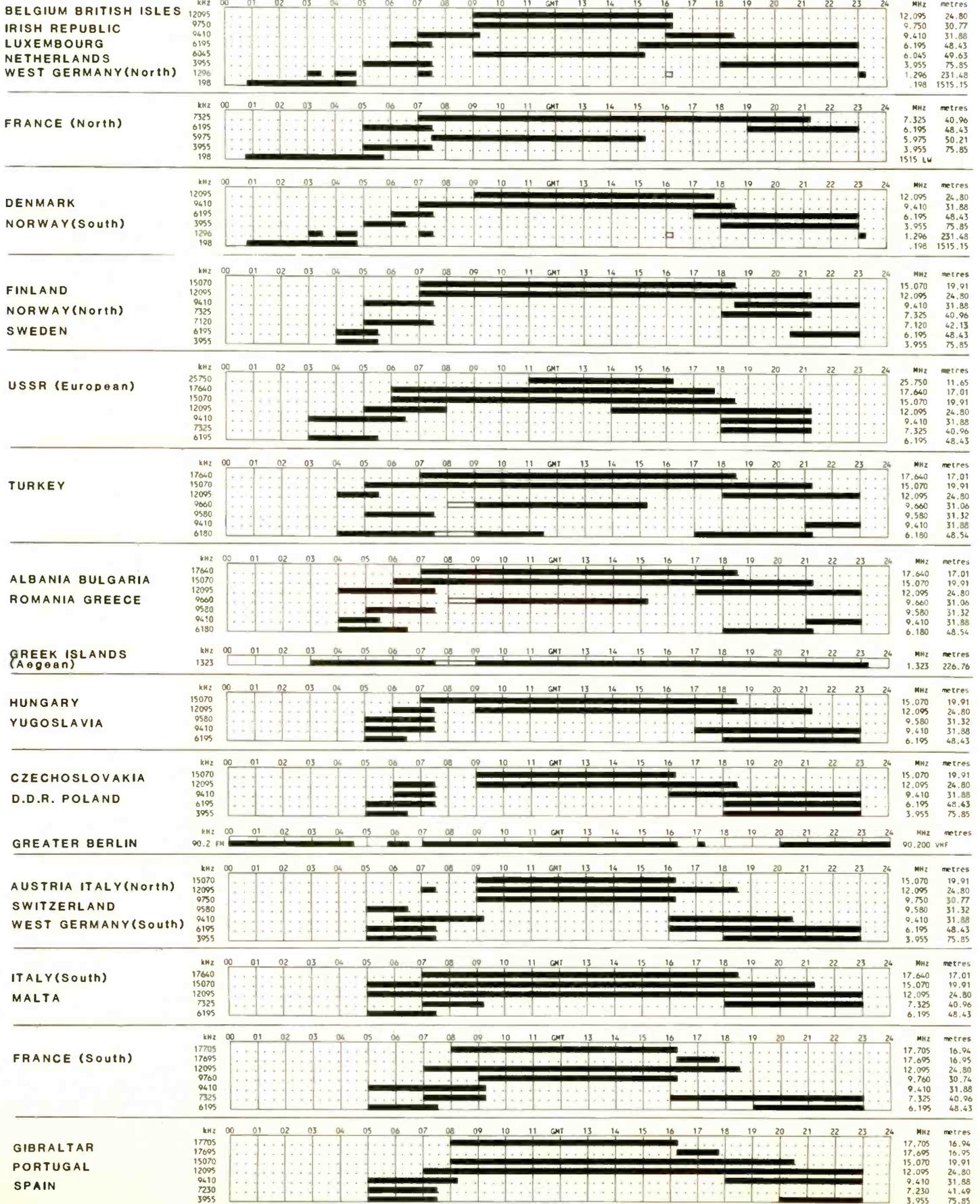
FREQUENCIES

(ENGLISH)

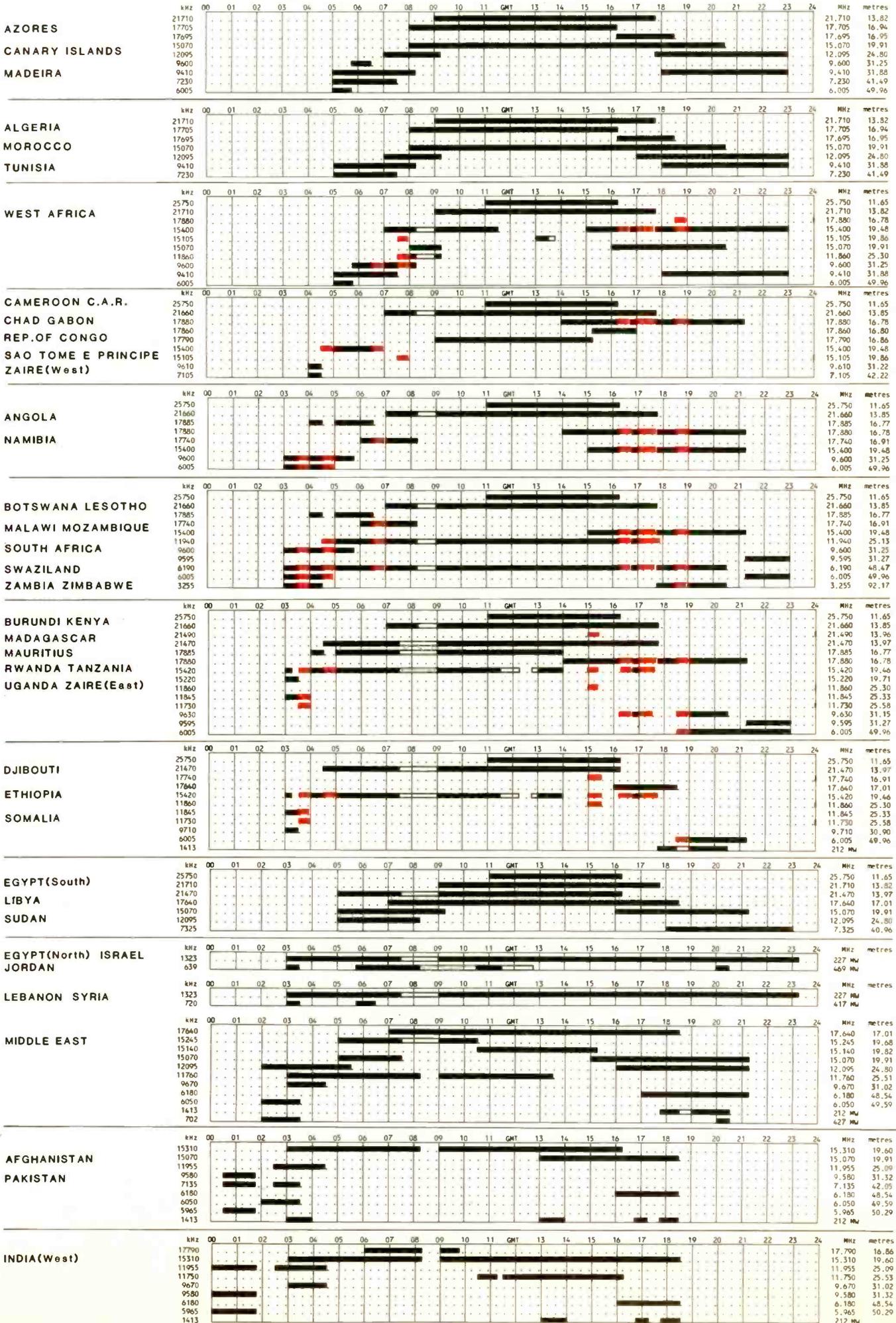
BBC World Service in English broadcasts direct or via relays using the frequencies given below, but some listeners can also hear its programmes rebroadcast by their local radio stations.

TRANSMISSIONS:

- Daily
- Alternative
- Non-daily



FREQUENCIES (ENGLISH)



FREQUENCIES (ENGLISH)

	kHz	00	01	02	03	04	05	06	07	08	09	10	11	GMT	13	14	15	16	17	18	19	20	21	22	23	24	MHz	metres
BANGLADESH BHUTAN INDIA (East) NEPAL SRI LANKA	17790																										17.790	16.86
	15380																										15.380	19.51
	15310																										15.310	19.60
	11955																										11.955	25.09
	9740																										9.740	25.53
	5975																										5.975	30.80
IRAN	17640																										17.640	17.01
	15245																										15.245	19.68
	15140																										15.140	19.82
	15070																										15.070	19.91
	11955																										11.955	25.09
	7160																										7.160	41.90
	6180																										6.180	48.54
	6050																										6.050	49.59
	1413																										1.413	212.31
	BURMA CAMBODIA LAOS THAILAND VIETNAM	11955																									11.955	25.09
11750																										11.750	25.53	
9740																										9.740	30.80	
6195																										6.195	48.43	
3915																										3.915	76.63	
SINGAPORE	88900																									88.900	3.37	
BRUNEI BORNEO INDONESIA MALAYSIA	17710																									17.710	16.94	
	15360																									15.360	19.53	
	11955																									11.955	25.09	
	11750																									11.750	25.53	
	9740																									9.740	30.80	
AUSTRALIA NEW ZEALAND PACIFIC ISLANDS PAPUA NEW GUINEA	17710																									17.710	16.94	
	15360																									15.360	19.53	
	11955																									11.955	25.09	
	11750																									11.750	25.53	
	9740																									9.740	30.80	
PHILIPPINES	15360																									15.360	19.53	
	11955																									11.955	25.09	
	9740																									9.740	30.80	
	9570																									9.570	31.35	
CHINA MONGOLIA	21715																									21.715	13.82	
	17830																									17.830	16.83	
	15360																									15.360	19.53	
	15280																									15.280	19.63	
	11955																									11.955	25.09	
	11945																									11.945	25.12	
	9740																									9.740	30.80	
JAPAN KOREA	21715																									21.715	13.82	
	17830																									17.830	16.83	
	15360																									15.360	19.53	
	15280																									15.280	19.63	
	11955																									11.955	25.09	
CANADA-Central, Mountain,Pacific MEXICO USA-Central, Mountain,Pacific	15260																									15.260	19.66	
	9740																									9.740	30.80	
	9640																									9.640	31.12	
	5975																									5.975	31.28	
CANADA-Atlantic, Eastern USA-Eastern	15260																									15.260	19.66	
	11775																									11.775	25.48	
	9915																									9.915	30.26	
	9590																									9.590	31.28	
	9515																									9.515	31.53	
	7325																									7.325	40.96	
CARIBBEAN	17715																									17.715	16.93	
	11775																									11.775	25.48	
	9915																									9.915	30.26	
	7325																									7.325	40.96	
	5975																									5.975	48.43	
CENTRAL AMERICA	17715																									17.715	16.93	
	11775																									11.775	25.48	
	9915																									9.915	30.26	
	9640																									9.640	31.12	
	5975																									5.975	40.96	
BOLIVIA COLOMBIA ECUADOR PERU	15260																									15.260	19.66	
	11775																									11.775	25.48	
	9915																									9.915	30.26	
	7325																									7.325	40.96	
BRAZIL	17760																									17.760	16.89	
	15260																									15.260	19.66	
	15180																									15.180	19.76	
	11750																									11.750	25.53	
	9915																									9.915	30.26	
	6005																									6.005	49.96	
ARGENTINA CHILE FALKLANDS PARAGUAY URUGUAY	15260																									15.260	19.66	
	15180																									15.180	19.76	
	11750																									11.750	25.53	
	9915																									9.915	30.26	

JAPAN

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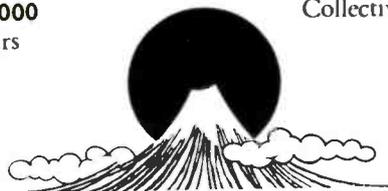
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IN 36 LANGUAGES

Frequencies in kHz (MHz when stated)

Frequency/Wavelength Conversions

Short wave	Medium wave
Frequency range	Frequency range
kHz	kHz
Metre	Metre
25.670-26.100	11
21.450-21.750	13 1413 212
17.700-17.900	16 1323 227
15.100-15.450	19 1296 231
11.700-11.975	25 930 323
9.500-9.775	31 720 417
7.100-7.300	41 702 427
5.950-6.200	49 648 463
3.900-4.000	75 639 469
3.200-3.400	90

EUROPEAN

BULGARIAN

0430-0445	6050, 6150, 7210, 9750
1615-1630	(Sat) 6050, 7105, 9770, 11780
1630-1700	6050, 7105, 9770, 11780
2015-2115	6050, 7105, 9770

CZECH

0515-0530	(Mon-Fri) 1296, 5875, 7260, 9760
0615-0630	1296, 5875, 7260, 11945
1615-1630	(Sun) 5875, 9915, 12040
1630-1700	5875, 9915, 12040
1900-2000	1296, 5875, 7210, 9535

FINNISH

1600-1645	11790, 15430
1930-2000	6010, 7230, 9670, 11955

FRENCH (for Europe)

0630-0700	648, 3975, 6010, 7210
1130-1200	648, 6125, 7210, 9600, 11780
1730-1815	648, 3975, 6125, 7155

GERMAN

0445-0545	648, 1296 (to 0500), 3975, 6010, 90.2MHz
1630-1700	648, 1296, 3975, 6125, 9750, 90.2MHz
1815-1830	90.2 MHz
1830-2000	648, 3975, 6125, 90.2 MHz

GREEK

1300-1315	9560, 11710, 15390, 17695
2000-2045	6125, 7140, 9915, 11835
2230-2300	6050, 7105, 9635, 11780

HUNGARIAN

0530-0545	(Mon-Fri) 1296, 5875, 7260, 9760
0630-0645	1296, 5875, 7260, 11945
1000-1130	(Sun) 9635, 11680, 15390, 17695
1315-1400	(Sun) 9635, 12040, 15390, 17695
1800-1900	1296, 5875, 7210, 9750
2200-2245	1296, 5875, 7210, 9715

POLISH

0500-0515	(Mon-Sat) 1296, 5875, 7260, 9760
0600-0615	(Mon-Sat) 1296, 5875, 7260, 11945
0700-0730	(Sun) 5875, 7260, 9825, 11945
1130-1230	(Sun) 9635, 11680, 15390, 17695
1400-1500	(Sun) 9635, 12040, 15390, 17695
1500-1530	1296, 9635, 12040, 15390, 17695
1700-1800	1296, 5875, 9750, 12040
2030-2200	1296, 5875, 7210, 9715

PORTUGUESE (for Europe)

2030-2115	3975, 5975, 7150, 9670
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2330-2400 3975, 6030, 7175

ROMANIAN

0445-0500	(Mon-Fri) 6050, 6150, 7210, 9750
1700-1730	6050, 7105, 9770, 11780
1830-1845	(Sun) 6050, 7105, 9770
1845-1900	(Sat, Sun) 6050, 7105, 9770
1900-2015	6050, 7105, 9770

RUSSIAN

0345-0400	1296, 5995, 6025, 6050, 7170, 7210, 7260, 9615, 9650, 11905, 5875, 6060, 7230, 7260, 9580, 9635, 9760, 11955
0445-0500	(Sun) 11835, 12040, 15115, 15205, 15435, 17780, 21735
1130-1200	11845, 15115, 15435, 17780, 17795, 21735
1300-1330	9635, 9825, 11845, 11945, 15225, 17780
1600-1800	3915, 9635, 9825, 11845, 11955, 15225, 17780
1800-1900	3915, 5990, 6070, 7120, 9635, 9750, 9825, 11845
1900-2100	3915, 5990, 6070, 7120, 9635, 9825, 11845
2100-2130	

SERBO-CROAT

0500-0515	6050, 6150, 7210, 9750
1800-1830	6050, 7105, 9770
1830-1845	(Sat) 6050, 7105, 9770
2115-2200	6050, 6180, 7105, 9770

SLOVAK

1530-1600	1296, 5875, 9915, 12040, 15390
1600-1615	(Sun) 1296, 5875, 9915, 12040, 15390
2000-2030	1296, 5875, 7210, 9535

SLOVENE

1030-1100	(Sun) 9610, 11780, 15235, 17780
1100-1115	9610, 11780, 15235, 17780
1730-1800	6050, 7105, 9770, 11780

TURKISH

0515-0530	(Mon-Sat) 6050, 6150, 7210, 9750
0800-1000	(Sun) 1296, 6015, 9635, 9740, 15390, 17695
1700-1730	6085, 9915, 11925
2045-2115	(Sun) 6125, 7140, 9915, 11835
2115-2130	(Mon-Sat) 6125, 7140, 9915, 11835

AFRICAN & MIDDLE EASTERN

ARABIC (MIDDLE EAST)

0350-0445	639, 702, 720, 9590, 11720, 11740, 15235
0445-0545	639, 702, 9590, 11720, 11740, 15235
1250-1615	639, 702, 720, 15165, 17785
1615-1830	639, 702, 720, 6030, 7140, 11730
1830-1900	639, 702, 720 (Mon-Fri), 6030, 7140, 11730
1900-2000	639, 702, 720, 6030, 7140, 11730

ARABIC (North Africa)

0445-0545	6110, 7320, 9825
1250-1615	11680, 15180, 17715
1615-1800	11680, 15125, 15180, 17715
1800-1900	9915, 11680, 15180
1900-2000	9915, 11680, 15125, 15180

FRENCH (North Africa)

0515-0530	5980, 7285, 9510
0600-0630	6010, 7210, 9915
1200-1245	15180, 17715, 21640
1815-1900	15125
2115-2145	5975, 7150, 9670

FRENCH (West and Central Africa)

0430-0445	7105, 9610, 11860
0500-0530	7105, 9610, 11860
0600-0645	7105, 9610, 11860
1200-1245	15105, 17810, 21640
1815-1915	11820, 15105, 17830

FRENCH (East Africa)

0430-0445	17885
1215-1245	15420
1815-1830	9630
1815-1915	17830

HAUSA

0545-0600	7105, 9610, 11860
1345-1415	15105, 17810, 21640
1915-1945	11820, 15105, 17830

PORTUGUESE (for Africa)

0445-0500	7105, 9610, 11860, 17885
1800-1815	9630, 11820, 15105, 17830
2030-2115	3255, 6190, 9595, 11820, 15160

SOMALI

1430-1500	11860, 15420, 17740, 21485
1800-1830	6005, 15420

SWAHILI

0315-0330	11730, 11740, 15235, 15420
1530-1615	9630, 15420, 21490
1745-1800	6005, 9630, 15420, 17830

ASIAN

BENGALI

0030-0050	1413, 9600, 11850, 15380
1330-1400	9605, 11920, 15245
1630-1700	6065, 7105, 9605, 11750

BURMESE

0010-0030	9600, 11850, 15380
1345-1430	3915, 6065, 7275
1500-1515	(Sun) 6065, 7275

CANTONESE

1300-1330	11920, 15360
2245-2300	6080, 7160, 11865

HINDI

0050-0135	1413, 6060, 7235, 9600, 11850, 15380
0245-0300	9600, 11850, 15380
1400-1445	1413, 7240, 9605, 11920, 15245
1715-1730	1413, 6065, 7105, 9605, 11750

INDONESIAN

1100-1130	7275, 9725, 11955, 21550
1300-1330	3915, 6065, 9680, 15125
2200-2215	6080, 7160, 9580
2315-2330	3915, 6080, 7180, 11865

JAPANESE

1100-1145	7180, 15280
2145-2200	7180, 11945

MALAY

1330-1345	3915, 6065, 15125
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MANDARIN

1000-1100	7180, 11955, 15280, 17830, 21550
1200-1245	5995, 7180, 11955, 15360, 21550
1245-1300	5995, 7180
1430-1500	5995, 7180
2215-2245	5965, 6080, 7160, 7180, 9580, 11865,

NEPALI

1500-1520	(Mon-Fri) 6065, 7275, 11920
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PASHTO

0200-0230	6060, 7235, 9600, 11740
1000-1100	(Fri) Bilingual Pashto/Persian 11860, 15230, 17855
1445-1515	1413, 7240, 9605, 11720, 15125

PERSIAN

0230-0300	720, 1413, 6060, 7235, 9590, 11740
1600-1645	1413, 6015, 7160, 11720
1830-1900	720 (Sat-Sun), 1413 (Sun-Fri) 7160, 9670, 11720

TAMIL

1530-1600	(Mon-Sat) 6065, 7105, 11920
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THAI

1215-1245	6065, 9680, 11920
1615-1630	6065, 7105, 9605, 11750
2345-2400	6080, 7180, 11865

URDU

0135-0200	1413, 6060, 7235, 9600, 11740
1515-1600	1413, 6010, 7240, 9605, 15125
1730-1745	1413, 6065, 7105, 9605, 11750

VIETNAMESE

1130-1200	9725, 11955, 15360
1430-1500	3915, 6065, 7275
2300-2315	6080, 7180, 11865

LATIN AMERICAN

PORTUGUESE

0115-0200	6005, 9515, 11820
2130-2200	6110, 9825, 11765, 11820, 15390

SPANISH

0000-0100	5875, 6110, 9825, 11820, 15390
0100-0200	5875, 6110, 9825, 15390
0300-0430	5875, 6110, 9515, 9825, 11820, 15390
1100-1130	9690, 15180, 21490
1300-1330	6130, 9690, 17850

BBC ENGLISH

EUROPE

0530-0545	6050, 6150, 7210, 9750
0645-0700	1296, 5875, 7260, 11945, 90.2MHz
0730-0745	1296, 3975, 6010, 7210, 9825