







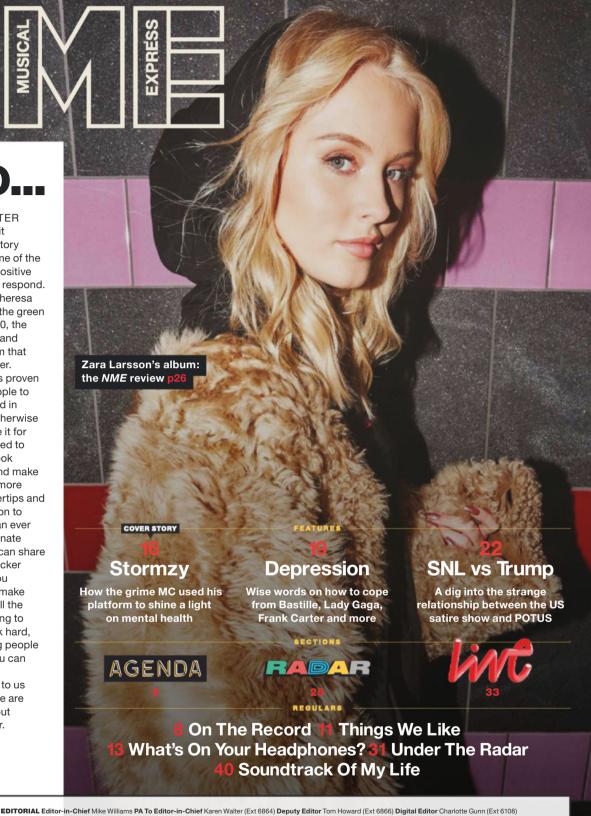
light to trigger Article 50, the words of actor, rapper and activist Riz Ahmed from that issue ring truer than ever.

"The referendum has proven the need for young people to get out and get involved in shaping our politics, otherwise other people will shape it for them," he said. "We need to go further than Facebook activism and turn up and make a difference. We have more information at our fingertips and more ease of connection to like-minded people than ever before. If you're passionate about something, you can share it with more people quicker than ever. Of course you have to fight harder to make yourself heard above all the noise, but if you're willing to be consistent and work hard, the barriers to reaching people are lower than ever. You can he heard '

Like Riz says, it's up to us to own our future. There are strange times ahead, but together we're stronger.

MIKE WILLIAMS

Editor-in-Chief @itsmikelike



NME

110 SOUTHWARK ST LONDON SE1 OSU TEL 020 3148 + Ext Commissioning Editor Dan Stubbs (EKt 6868) Senior News Reporter Audrew Trendell (Ext 6877) News Reporter Luke Morgan Britton (Ext 6868) Senior Staff Writer Leonie Cooper Staff Writer Leonie Cooper Staff Writer Leonie Cooper Staff Writer Start Dan Stubbs (EKt 6863) Senior Staff Writer Leonie Cooper Staff Writer Start Dan Stubbs (EKt 6863) Senior Staff Writer Start Dan Start

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"A ONE-OF-A -KIND MOVIE"





**** "SMART, FUNNY AND SCARY"

"ARMREST-GRIPPING TERRIFYING"



GET OUT

IN CINEMAS NOW 🎍



AGENDA

WHAT EVERYONE'S TALKING ABOUT THIS WEEK

Winter is coming (in the summer)

Info about Game Of Thrones season seven (out in July) is dripping into the world



ED SHEERAN'S MAKING A CAMEO

As a special treat for superfan Maisie Williams. "For years we've tried to get him on the show to surprise her," says producer David Benioff. "And this year we finally did it."

THERE'LL BE "MORE ACTION"

Kit 'Jon Snow' Harington told The Huffington Post: "Every actor did more action, had more action, had more action, had more scenes. They spent an increasing amount of money on fewer episodes, so it's gonna be much bigger in scale, the CGI... we're trying new things, experimenting with new camera techniques. We're trying to push boundaries."

THE TRAILER IS A REAL HEAD-SCRATCHER

It doesn't give much away, but fans are reading a lot into its crumbling house symbols. Whether by the force of Daenerys's army, or the looming threat of the White Walkers, Westeros is changing for ever.

JIM BROADBENT'S GOT A BIG ROLE

"I'm a maester," he told
ScreenCrush. "An archmaester.
I'm an old professor character.
I did five episodes, one major
scene in each episode."



WE'RE DUE A MEETING OF ICE AND FIRE

The poster: icy foreground, licks of flame behind. Hinting at a meeting of the king in the North, Jon Snow, and the mother of dragons, Daenerys Targaryen.

Season seven will air on July 16 in the US, July 17 in the UK





PEUGEOT 108 COLLECTION

PERSONALITY BUILT IN

PEUGEOT ANOMHRING TOTAL Official Fuel Consumption in MPG (I/100km) and CO2 emissions (g/km) for the 108 Collection are: Urban 56.5 - 52.3 (5.0 - 5.4), Extra Urban 78.5 – 76.3 (3.6 – 3.7), Combined 68.9 – 65.7 (4.1 – 4.3) and CO_2 99 – 95 (g/km).

MPG figures are achieved under official EU test conditions, intended as a guide for comparative purposes only and may not reflect actual on-the-road driving conditions. *Model shown is 108 Collection TOP! cobrio 1.2L PureTech 82.5-Door in Laser Real. Initial rental £4.77. Optional final rental £4.704. 6,000 miles per annum. 48 month contract. This is a finance lease and you will not own the car at the end of the contract. Terms and conditions apply, participating Dealers only or visit peugeot.co.uk **PEUGEOT Motor Company PLIC is acting as a credit broker and is not a lender** We may introduce you to a limited number of lenders. A guarantee may be required. Over 18's only. Finance subject to status. Finance written by and written quotations available from PSA Finance UK Ltd, Quadrant House, Princess Way, Redhill, RH-1 1QA. Excess refleage charges may apply.

AGENDA





SHELDON COOPER
The Big Bang Theory
character is getting his
own origins spin-off
series. Bazinga!



WILL SMITH
Went bungee jumping for
the first time, thus becoming
The Prince Of Fresh Air.



HUGH JACKMAN
Trolled by Ryan Reynolds
in full Deadpool mode
on Twitter. Wolverine
got burned.



Steps' Faye Tozer reckons they're "too raunchy". Way better than being really crap, though.





The basics

- It features a billionaire called Danny Rand (Finn Jones) returning to New York City after being missing for years
- He's known as Iron Fist
- He's good at kung fu
- He likes to fight NYC's criminal underbelly

COLLEEN WING IS BADASS

Marvel have, in the past, been criticised for a lack of strong female characters. That won't happen this time. "It was really important to me that Colleen never stood on the sidelines of a fight," says Jessica Henwick, who plays Iron Fist's ally Colleen Wing. "She gets in there and she dives in. I hope that one day this will be the norm. But right now it's not and I'm proud of what we've achieved."

THERE'S A BIG SURPRISE

"A character who appears in the second half of the series that hasn't been announced yet," says Henwick. "It's a comic book character that hasn't been seen before. For me, Danny's relationship with him is the most interesting in the show." The supervillain Steel Serpent? You'll have to wait and see...

Iron Fist is on Netfli from March 17

Four little secrets about Iron Fist

The cast of Marvel's new series about a character from their *The Defenders* series (see also: *Daredevil*, *Jessica Jones*, *Luke Cage*) spill some beans...

THERE'S NO SPANDEX

(L-r:) Iron Fist, villain

In the 1970s, Iron Fist blinded comic book nerds with a racy green and yellow Lycra suit. Not in 2017. "It would look ridiculous," says Finn Jones, who plays Danny Rand, AKA Iron Fist. "I love that costume and it's iconic. But come on, let's get real. Could you imagine that outfit alongside the other Defenders?"

THE FIGHT SCENES ARE BRUTAL

"Once the schedule started, I was f**ked," says Jones. "I'd be working 12-14 hours a day, six days a week. I remember halfway through the cage fight scene in episode five I nearly passed out. I was so exhausted. It was worth it, though, because it looks f**king awesome."

Wanna see Slaves in a tiny venue, for free?

Read on...

We have 100 tickets up for grabs for a secret, sweaty and intimate London gig with the mighty Slaves on March 21, to celebrate the 10th anniversary of Record Store Day.

For your chance to win, head to NME.com/win



N I I II E R D

E 1828

D BIG OPINIONS, NO FILTER.

LeFou (left) is in unrequited love with Gaston (right) in Beauty And

The Beast

THIS WEEK

So there's a gay Disney character – it's about bloody time

FANS OF EXTREMELY HAIRY men, spooky enchanted castles and highly catchy songs, it's time to rejoice because the live-action version of the classic 1991 animated movie *Beauty And The Beast* hits cinemas today.

The film is notable not just for the fact that Emma Thompson has replaced the iconic Angela Lansbury as cursed teapot Mrs Potts, while Ewan McGregor plays a French candelabra, but that it features the first-ever openly gay Disney character.

Josh Gad plays LeFou, who it transpires is in love with Luke Evans' Gaston, who in turn is after Emma Watson's Belle, who in the end – big old spoiler alert – gets off with the giant beast who's keeping her prisoner. It's a Stockholm syndrome-esque storyline that probably warrants

more of an investigation than the appearance of a lone gay dude who fancies his annoying mate.

The revelation about LeFou, who the filmmakers say shares an "exclusively gay moment" with Gaston, hasn't best pleased the powers that be in Russia. The country has banned anyone under the age of 16 from seeing it, which is kind of weird as it's a kids' film. A Russian MP by the name of Vitaly Milonov has accused the movie of pushing a "shameless propaganda of sin". Oh, do calm down, Vitaly. Surely you've got better things to be doing with your time?

"Here's to Elsa being out and proud in *Frozen 2*"

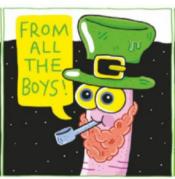
Meanwhile, tens of thousands of joyless bigots have signed a petition vowing to boycott the film, and a drive-in cinema in Alabama with Christian ownership has also said that it will not be showing it. The owners have stated that punters should be "free to come watch wholesome movies without worrying about sex, nudity, homosexuality and foul language" – in other words, minus all the very best things about a night at the movies.

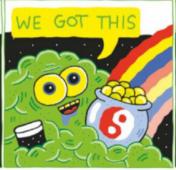
Disney finally including an openly gay character has been a long time coming, but the company has been hinting at the LGBTQ status of their characters for years,

from The Little Mermaid's
Ursula, who was inspired by
drag genius Divine, to Elsa in
Frozen, a film many saw as a
metaphor for coming out. Last
year a petition to #GiveElsaA
Girlfriend for Frozen 2 was
started – something I'm much
more behind than the Beauty
And The Beast boycott. "I think
it's great," said Elsa's voice actor
Idina Menzel of the campaign.
"Disney's just gotta contend with
that. I'll let them figure that out."

What we need now isn't just more openly gay characters in Disney films, but openly gay lead characters. Frozen 2 is due for release in 2019 – here's to Elsa being out and proud by then. @leoniemaycooper













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AGENDA



THIS WEEK'S OBJECTS OF DESIRE



Ace DC This photo book covers Washington DC's '80s punk scene. £20.02 amazon.co.uk



Man Up Stormzy's been spotted in this cosy Man U jacket. £400 columbiasportswear. co.uk



Nirvana vision

An exact replica of Kurt

Cobain's fave sunglasses.

We are not worthy.

£30 cheapmonday.com

More fire These are some serious, serious shoes. Bow down before their greatness. £140 shellyslondon.co.uk



Take a Chance

Chance The Rapper is

headlining Wireless - wear his

face on a badge to celebrate.

£7.24 finpins.bigcartel.com

Gator garms Spanish garage rockers Hinds' alligator hoodie is for snappy dressers. £40 urbanoutfitters.com



Bottoms up Estrella Galicia Gluten Free beer may be free of gluten but it's packed with flavour. £1.79 slurp.co.uk



It's a wrap Tie this classic bandana around your neck or in your hair. £25 levi.com



Heaven scent Diesel's Bad is the moody leather jacket of the fragrance world. £53.50 boots.com



Boot camp French footwear dons Palladium celebrate 70 years with these special boots. £50 palladiumboots.com



Hey Mr DJ My Life In Reggae details DJ David Rodigan's illustrious career. £13.60 amazon.co.uk



Helping hand £3 from every shirt sold goes to the very great Help Refugees charity. £15.95 nmemerch.com



Bagel bae Frank Carter helped develop the vegan 'Rattlesnake' bagel. £8 facebook.com/ thelondonbagelco



Road trip This new Dorset Cereals muesli is inspired by America's Route 66. £4.79 waitrose.com

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YOUR TOWN, YOUR MUSIC, YOUR STYLE

What's ON your Head Phones?

O FUG

Whitby

POPPY NUNN >

19. student

Listening to: OASIS

Some Might Say

"It's the only song I've ever listened to that I've understood straightaway."

Wearing: Vintage sweater and trousers.

Best thing about Whitby:

"Make sure you visit the abbey."

< EDDY MAYNARD

24, self-employed

Listening to:

THE XX

Dangerous

"There's a lot of buzz about them at the moment."

Wearing: Nike

windbreaker, Still Awake T-shirt, Topshop jeans.

Best thing about Whitby:

"Gutsy Gingers sells quite hippyish stuff. It's cool."

"Check out the surf school"

KARTOR MARKET MARKET

26, shopkeeper

Listening to:

THE BLACK KEYS Weight Of Love

"It reminds me of a mountain biking holiday in France last summer."

Wearing: Quiksilver jacket, Volcom chinos, Vans trainers, DC beanie.

Best thing about Whitby: "Check out the surf school while you're here."

CHERYL LEE >

32, manager

Listening to:

BLINK-182 The Rock Show

"I'd love to see them

live this year."

Wearing: Roxy coat. Best thing about Whitby: "The Bats & Broomsticks is a gothic bed and breakfast."



TOPMAN OTTONIO TONIO TOPMAN OTTONIO TOPMAN OTTONIO TOPMAN OTTONIO TOPMAN OTTONIO

And we're off!

Will Joseph Cook

Fast-rising indie-popper

How are you feeling about the tour?

"I'm really looking forward to it.
We're going to be playing a
few places I've never played
before, and it'll be good to
go back to Leeds."

Peace, Clean Cut Kid,
Fickle Friends and Devlin
are on the tour. Are you
a fan of those artists?

"Yeah, they're great. I saw
Peace at Concorde 2 in
Brighton a few years ago, so I'm
really excited to be playing with
them. It might be a bit weird.
I might have a little fanboy
moment when I meet them."

These gigs are for students. How does that change the show?

"I just got off tour with Sundara Karma a couple of weeks ago, and on those dates we played a couple of shows at universities. We played Leeds SU and Nottingham SU, and they went off. I think it does make a difference because it tends to be a room of people who know each other and are friends, rather than loads of strangers."

You worked with Jack
Steadman from Bombay
Bicycle Club on your debut
album 'Sweet Dreamer',
out next month. How did
that come about?

"We worked on a song called 'Plastic (I Wanna Make You Mine)' together. I was thinking about producers I thought would be good for it and I thought of Bombay because it's got that indie-dance crossover they did on their last album. It went really well, so we ended up doing four songs together."



As TOPMAN and NME's jaunt around the country kicks off, we catch up with two of the tour's stars

DevlinLegendary grime dude

It's been four years since you released an album.
Does it feel good to be dropping 'The Devil In' at a time when grime is having such a moment?

"I was coming back regardless, but obviously that's a positive thing and I respect the younger generation – they've gone and made grime relevant again.

There's some big people – like Skepta, Wiley, Kano and me – who've all come back around again. It's lovely to see all them people back alongside the younger generation."

Why do you think grime is so huge right now?

"I don't just put that down to the youngsters making it relevant again this year. It's been ever since So Solid Crew. People have pushed and every single person has played their part in moving this thing and giving platforms to the next people coming through. Grime has been accepted now, but it's taken the best part of 20 years, probably, from scratch. It's about time."

And now the big US artists are really embracing grime, too...

"It's nice being shown love, when you see Skepta with Drake and people like that, because that only endorses our scene. Obviously they're a different genre of music, but they're much bigger than we are, so it helps us get seen in the public eye more. So really that's a blessing and I'm thankful for that... Maybe they like our rawer sound? Maybe they like our hardcore sound, like we used to like the hardcore

New York sound?"

The dates

Lose your mind at the following:

Fri March 17 University of Strathclyde, Glasgow Featuring: Fickle Friends

Sat March 18 University of Hull Featuring: Fickle Friends, Will Joseph Cook

Wed March 22 Leeds
University Union Featuring:
Peace, Will Joseph Cook

Thu March 23 University of East Anglia, Norwich Featuring: Devlin, Fickle Friends, Will Joseph Cook

Fri March 24

University of Sheffield
Featuring: Peace, Fickle
Friends, Will Joseph Cook

Sat March 25 University of Kent, Canterbury Featuring: Huw Stephens

Wed March 29 Gorilla, Manchester Featuring: Devlin, Paris Youth Foundation

Thu March 30 O2 Academy Newcastle Featuring: Devlin, The Bay Rays

Fri March 31 Loughborough University Featuring: Devlin, Fickle Friends

For tickets, contact the venue directly. Only students are allowed in

Follow TOPMAN social channels for the latest TOPMAN ON TOUR WITH NME news, including more dates, venues and artists



F STORMZY started the year poised to become the most in-demand name in grime, the past few weeks have made the 23-year-old - real name Michael Omari - the voice of his generation.

Having dropped one of the best-selling albums of the year

in debut 'Gang Signs & Prayer', a No. 1, Stormzy's talent, fire, humour and worldview have seen him take the underground into the mainstream.

Stormzy arrived on the scene in 2014 with a series of raw but real freestyles. He became the first unsigned rapper to play on Later... With Jools Holland and won the first of two consecutive MOBO Awards for 'Best British Grime Act' the same year. Then came the gamechanging 'Shut Up', which hit the Top 10. Two years later, after some heavy touring and a string of singles gatecrashing the charts, the young lad from Thornton Heath, who

once called himself a 'child of grime', is now very much the daddy.

That was never more apparent than during the promotional whirlwind around the release of the debut album on

February 24. In the space of a week, Stormzy collaborated with Ed Sheeran at the BRIT Awards, sent his native London into a frenzy with three guerilla gigs on the day of release, hung out with the Manchester United footie squad and even won over the viewers of hangover telly show Sunday Brunch.

But at the height of it all, as the album was on the eve of hitting the summit, Stormzy made one of his boldest statements yet. Appearing on Channel 4 News, he opened up about his battles

with depression - not to play 'the tortured artist' or any other promotional gimmickry, but to highlight how facing up to his own demons had forced him to challenge the stigma and inspired him to use his music as a beacon.

Challenging the notion of what it means to be a 'tough guy' in grime, showing himself as vulnerable as an example to help others while at the peak of his powers was the bravest thing Stormzy could have done. The move was even more potent as the mental health epidemic in the UK has reached crisis point.

Prince William recently damned the suicide rate among young men as "an appalling stain on our society". The latest figures show that one in four young people in the UK experiences suicidal thoughts, while up to 160 young people under the age of 20 die by suicide in England alone each year. There are over 300,000 young people in Britain who have an anxiety disorder,

> while depression among teenagers in the UK has increased by 70 per cent over the last 25 years.

> > "There's still far too much stigma around mental health, so when musicians and others in the public eve speak out about their own experiences, it can have a huge

impact," says a spokesperson from mental health charity YoungMinds.

do if you think you're depressed is talk to someone. This could be a friend, a family member, a teacher, a colleague, a GP, a counsellor or a confidential helpline. Don't suffer in silence. Talking about how you're feeling can really make a difference."

Stormzy's been there, come back and risen to the top, and you can too. Turn the page to see what he said on Channel 4 News.

"The most important thing you can

26%

of young

people in the

UK experience

suicidal

thoughts

or me, it was a realisation of how fragile we are as humans, in the most beautiful way possible. In the sense where I always saw myself as this strong person who just deals with life — I get on with it — and if something gets me low, I pick myself back up. That's always been my philosophy. Even down to the point where one of my closest friends who was suffering from it.

I used to dismiss him.

"It wasn't a harsh way

I just used to think, 'Just be happy', do you know what I mean? 'Just pull it together'.

That was a world that was so alien to me. I just used to think, 'You get up, march on.'

"So it felt like, on this album, if I didn't address that, what I was going through... because even then I had another complex, where I thought, 'OK, I went though this, but I don't even know if I want the world to know I went through this. Like, 'Yeah, it's something that I went through, my friends know I went through it, my family knows I went through it, but the world doesn't need to know that.' What convinced me to talk about it was the fact that if there's anyone out there going through it, I think to see that I went through it would help.

"Because for a long time I used to think, 'Soldiers don't go through that', you know? Strong people in life, the bravest, most courageous people, they don't go through that. They don't go through that, they just get on with it. Like, any person I admire or look up to hasn't felt like this. They just pick themselves up, you know what I mean? And that's not the case. A lot of the people I look up to, I don't know what they've dealt with. So for me it was like, 'This is what I dealt with.' So if there's anyone listening who thinks, 'Swear down, like, Stormzy feels' - do you know what I mean?

"I feel like I always come across confidently and happy, and I've always made sure that I don't promote [the] negative... I just present myself in a positive way so I can spread that. So people will be looking at me, thinking I don't go through nothing. So for me to just let people know, 'No, I do. I do go through that,' I thought that was important for people to know that."

Rates of depression and anxiety have increased by 70% among teenagers in the past 25 years "For a long time I thought, 'Strong people don't go through that" Stormzy, in an interview with Channel 4 Stormzy talks mental health on Channel 4 News

Let's talk about mental health

The best way to tackle mental health issues is to be open about it, which is why these artists are speaking out...

Be aware that it's normal

"WE WERE BORN THIS WAY"



LADY GAGA
Pop icon and founder
of the Born This Way
Foundation, who
spoke to Billboard

about her mental health

"I've suffered through depression and anxiety my entire life. I still suffer with it every single day. I just want these kids to know that the depth they feel as human beings is normal. We were born that way. This modern thing, where everyone is feeling shallow and less connected? That's not human."

"SAYING IT OUT LOUD CAN BE CATHARTIC"



JUSTIN YOUNG The Vaccines frontman "[Depression] is something we all

suffer from at times, but we're still far from moving forwards and being able to talk about it to the extent we should. Views around masculinity are shifting. The way men communicate with each other continues to be archaic in many ways, and a lot of us are closed books. It's important people know they can find help and talk to their friends, family or professionals about their feelings – even if it's just to help you process your thoughts and quieten down your brain. Just saying something out loud is an incredibly cathartic thing."

Are you depressed?

Here are some common signs given to us by YoungMinds, the UK's leading charity for improving the mental health of young people

- Not wanting to do things that you previously enjoyed
- Not wanting to meet up with friends or avoiding social situations
- Sleeping more or less than normal
- Eating more or less than normal
- Feeling irritable, upset, miserable or lonely
- Being self-critical
- Feeling hopeless
- Wanting to self-harm
- Feeling low on energy

"IT'S AS NORMAL AS HAVING A COLD"

DAN SMITH

Bastille singer

"[Discussion of mental health has] definitely become normalised, but needs to be more so. I've always been really honest about the fact that I get anxious and super-nervous about playing shows, and that comes from being honest about this. I'm not up for cultivating some sort of false rockstar image for the sake of it. It's important people feel able to talk about it. It's something that affects so many people and should be something we can talk about as much as having a cold or any other physical illness."

The number of young people who have gone to A&E with a psychiatric condition has more than doubled since 2009. It was 8,358 in 10/11, and 17,278 in 13/14.

Be there for each other

"YOU'RE STRONGEST YOUR MOS



LOYLE CARNER London rapper, spokesman for ADHD sufferers "It's of the utmost

importance that we talk about these things. Me and my friends are opening up to each other a lot more. Being there for your mates and them being there for you is where it all starts. The idea of 'being weak' if you're emotional is just not true.

"When you're at your most vulnerable, that's when you're at your bravest and strongest. As soon as you say, 'This is how I feel,' someone is going to say, 'Yes, I feel the same.' Just find someone you can open up to - be it a counsellor, a friend, a relative, just someone you can trust."

"THERE IS A SUPPORT NETWORK **OUT THERE**"



OLLY ALEXANDER Years & Years singer, spoke to The Guardian about mental health in 2015

"Growing up in a straight world is difficult. Once you admit to the world that you're gay, there's this kind of expectation that you put on yourself that you're fine now... that you have to prove to yourself that you can live a happy life. That's something that I've definitely struggled with. Of course I struggle, I'm going to get depressed and I'm going to have anxiety. You tell yourself that you've struggled enough and you shouldn't have those feelings. Say you were invited to a party, and you said, 'I'm sick, I've got a bad cold, I'm not gonna go,' that's totally acceptable, but if you say, 'I'm having a depressive episode,' that feels much harder to say. There is a support network out there... make use of it."

"IF YOU HAVE A FRIEND WHO'

KEHLANI

The rising queen of soulful R&B said the following on stage last year "I'm very honest with the people that support me. So many young people just slip under the rug to things like depression and severe anxiety and disorders that people know nothing about. If you have a friend and they're scaring you a little, just love them. Hug them and love them and tell them it's good. And from me to you, you are worth it. You are perfect. You are meant to be here. Get up every day, know that and tell yourself that."

"YOU DON'T TELL

55% of children

who've been

bullied develop

depression

as adults

MIKEY CHAPMAN

Mallory Knox frontman

"You don't sit down with someone with a broken leg and tell them to get over it. We all know what it feels like to feel physical pain. With something like intense depression, some people haven't skimmed the surface - they might have felt sad, but not for two years. A lot of people don't understand because mental health is a subjective thing. It's a difficult thing to understand if you haven't been through it yourself. People find it very difficult to talk about. It requires a lot more conversation. It isn't a case of immediate response, action and solution: it's a much deeper issue than that. We're not used to that in the immediacy of the modern age."

Be patient

"GIVE PEOPLE TIME



SHIRLEY MANSON Garbage singer "What we forget is that it's so difficult for people to speak out.

They carry so much shame, shyness and inhibition. They're not used to hearing their voices ring out in an open space. It's so easy to say 'speak out', but it's intimidating for people to speak out about what they need, what they want, what they're scared of, what their brains are making them think. You need to give people time and space. We all need more patience."

Need to talk to someone?

These organisations could help you

What they do: Advice for those with mental health issues and their friends and families Where to find them: mind.org.uk How to contact them: Call 0300 123 3393 or text 86463

CALM

What they do: It's a charity dedicated to preventing male suicide Where to find them: thecalmzone.net How to contact them: Call 0800 58 58 58 or webchat on their site

SAMARITANS

What they do: They'll talk to anyone about the way they feel Where to find them: samaritans.org How to contact them: Call 116 123

YOUNGMINDS

0808 802 5544

What they do: Campaigning to improve the mental health of young people Where to find them: youngminds.org.uk How to contact them: Parents can call



"SOCIAL MEDIA CREATES A VOID FOR A LOT OF PEOPLE"



SAM DOUGLAS Bassist with Mallorv Knox "Instagram is good for seeing what your

family are up to, but social media is just a show-reel of the best moments of a person's life and it's not making that person who's having a bad day stuck at home feel any better. Social media can be a fantastic tool, but it works the other way too - you always feel like you're missing out. We exist in a very early stage of the internet; we're still in its infancy and we don't really know the full scale of the impact it has on society. Social media creates a void for a lot of people. It needs to be looked at more in depth and improved by people a lot more intelligent than me."

Childline held 34,517 counselling sessions in 2013/14 with children who talked about suicide - a 116% increase since 2010/11



Be proactive

"IT'S ABOUT RINGING YOURSELF O A CALM PLACE"



TOM DALEY Olympic-medalwinning diver "Mental health is often ignored by

lots of people. I do 10 minutes of meditation every morning to help with anxiety and stress. People feel ashamed speaking about it, but [depression] is just the same as any other illness - being able to speak about it and work on it can help. Lots of people, if they don't have mental health issues, think it's easy to get over, but that's not the case. I'm way more calm. It's all about focusing on breathing and bringing yourself back to a calm place."

MUCH YOU CAN DO IF YOU'RE NOT

social media gives us these avatars

concerned with how we're perceived

on the internet then we are in real life.

life you realise that their online avatar

is something really different to reality.

When you meet most people in real

and in a lot of ways we're more

It's a dangerous place to be."



RUBY TANDOH Great British Bake Off star and mental health writer

"There are a million resources online and in print if you're not ready to talk to anyone in person just yet. Charities like Mind and Beat have loads of resources, while the Centre for Mental Health has schemes in place working directly with groups (like young black men and people in prison) to improve mental health care and advocacy. There are also so many books and magazines - I've been working on a zine all about mental health called Do What You Want, which you can preorder at dowhatyouwantzine.co.uk. If I say so myself, it's amazing."

NME



ATE LAST YEAR, DONALD Trump accidentally coined the word 'unpresidented' - before deleting the tweet it appeared in. Let history not forget it. It's the perfect way to describe the 45th President of the United States' stormy relationship with America's longest-running sketch comedy show, Saturday Night Live. With every jab SNL makes comes an unseemly response from the thin-skinned President. Three years on from reporting its lowest viewing figures ever, the ageing comedy show is enjoying a 22-year high in ratings thanks to the weekly scandal it's now capable of providing. Improbable as it seems, SNL's success now goes with Trump's, hand in tiny hand - but was it always this way? Surprisingly not: the origins of this doomed romance go all the way back to 1989.

SEPTEMBER 24, 1989

As he sits in the audience for *SNL*'s 15th anniversary special, popcorn is 'accidentally' poured on Donald Trump's head in a slapstick routine by Chevy Chase.

* TRUMP'S RESPONSE Laughter.



APRIL 3, 2004

Trump makes his debut as SNL host, shortly after launching his TV reality show The Apprentice. His sketches involve this advert for fictional chicken chain Donald Trump's House Of Wings, where he dances with poultry mascots played by the likes of Amy Poehler and Seth Meyers. ** TRUMP'S RESPONSE** "Nobody's bigger than me, nobody's better than me: I'm a ratings machine."

APRIL 30, 2011

At the White House Correspondents' Dinner, *SNL* alumnus Seth Meyers' roasting of Trump begins: "Donald Trump has been saying he'll run for president as a Republican — which is surprising, since I just assumed he was running as a joke." Trump visibly seethes. Five years later, with Trump just months away from the Presidency, *The New York Times* reflects: "That evening of public abasement, rather than sending Mr Trump away, accelerated his ferocious efforts to gain stature in the political world."

★ TRUMP'S RESPONSE "There are many reasons I'm running, but that's not one of them."

"TIME TO RETIRE THE BORING AND UNFUNNY SHOW" DONALD TRUMP



NOVEMBER 7, 2015

Now a Republican candidate, Trump hosts SNL once more while minority groups protest at the NBC building. Sharing the stage with two impersonators, he says: "They're great." Ratings for the episode reach their highest point in four years.
★ TRUMP'S RESPONSE Tweets about the ratings smash 13 times over the next 36 hours, adding: "Very few protesters!"



OCTOBER 15, 2016

For the third week running, Alec Baldwin impersonates Trump. The previous week he'd skewered Trump's scandalous 2005 "grab 'em by the p***y" comments, to no reaction from Trump. But Trump does respond to this parody of the second Presidential debate, in which he habitually looms into shot behind Hillary Clinton.

**TRUMP'S RESPONSE "Watched Saturday Night Live hit job on me. Time to retire the boring and unfunny show. Alec Baldwin portrayal stinks. Media rigging election."

NOVEMBER 19, 2016

Following Trump's victory in the US election, Baldwin's Trump finds him in a crisis of confidence. He Googles: "What is Isis?"

* TRUMP'S RESPONSE "I watched parts of @nbcsnl Saturday Night Live last night. It is a totally one-sided, biased show – nothing funny at all. Equal time for us?"

DECEMBER 3, 2016

The show mocks Trump's habit of retweeting members of the public on Twitter after the real-life President-elect retweeted a random 16-year-old called Seth.

★ TRUMP'S RESPONSE "Just tried watching Saturday Night Live – unwatchable! Totally biased, not funny and the Baldwin impersonation just can't get any worse. Sad."

JANUARY 14, 2017

Baldwin's Trump holds a press conference prior to his inauguration. He bats away questions about the unverified dossier alleging he'd paid to watch Russian sex workers pee on a bed once slept in by the Obamas, instead focusing on the "stream of jobs" Trump will bring to the US. "Who's with me? I know you're in. How about you? You're in? You're in? Urine?"

★ TRUMP'S RESPONSE "NBC News is bad but Saturday Night Live is the worst of NBC. Not funny, cast is terrible, always a complete hit job. Really bad television!"

FEBRUARY 4, 2017

Now President, Baldwin's Trump takes instructions from his chief strategist Steve Bannon in the Oval Office. Bannon is portrayed as the Grim Reaper and distracts Trump with toys.

★ TRUMP'S RESPONSE No comment. Trump's Press Secretary Sean Spicer says: "Alec has gone from funny to mean, and that's unfortunate. SNL used to be really funny. There's a streak of meanness now that they've crossed over to mean."



FEBRUARY 4, 2017

Melissa McCarthy debuts a manic, abusive impersonation of Spicer. The absurd skit becomes SNL's most-watched YouTube segment ever, with 25m views. **TRUMP'S RESPONSE* According to sources of US political journal Politico: "More than being lampooned as a press secretary who makes up facts, it was

Spicer's portrayal by a woman that was

most problematic in the President's eyes."

MARCH 6, 2017

Baldwin warns he may soon retire his impression of Trump. "The maliciousness of this White House has people very worried, which is why I might not [play Trump] much longer... I don't know how much more people can take."

★ TRUMP'S RESPONSE Silence. For now.

NME





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MUSIC, FILM, TV & MORE - THIS WEEK'S ESSENTIAL NEW RELEASES



responding to Remy Ma's recent diss track.

BEST FOR AIR RIFFING

MASTODON Andromeda

BEST FOR SAD TIMES

Lorde dials things down

after 'Green Light' for

a subtle piano ballad

about bad romance.

LORDE

Liability

Metal titans Mastodon bring out the big riffs on this major tune. Perfect for summoning the demon of your choice.

H09909 **United States Of Horror**

LA's most brutalsounding hardcore rap duo rally against police brutality and racism in this Rage Against The Machine-channelling call to arms.

BEST FOR EPIC COUNTRY WALKS

FLEET FOXES Third Of May/

Õdaigahara

It's been bloody ages since we're heard from Fleet Foxes, but the folk heroes are back. The first taste of their new album is lush, rousing and just lovely.

BEST FOR MEANINGFUL MOSH PIT

DREAM WIFE

Somebody

The London-based power-punkers have called this "a ballad for women". Political pop with bite and sass.

BEST FOR HEARTSTRING TUGGING **GIRLPOOL**

123

Airy acoustica meets grunge power ballad in Girlpool's 1990s flashback delight. This is what riot grrrl sounds like in 2017.

BEST FOR 1AM RAVE-UPS

MURA MASA

1 Night

Charli XCX is on vocal duties for this glitchy, steel-drum-sampling party tune. Think Jamie xx after a big night on the energy drinks.

OR MORE NEW MUSIC, GO TO NME.COM



SPOON
Hot Thoughts

OLD-SCHOOL STYLE ROCK

AUSTIN, TEXAS, VETERANS Spoon operate in a strange world, enjoying non-stop critical acclaim while being a thousand miles from actual stardom. Metacritic's most well-reviewed band of the '00s (ahead of Radiohead and The White Stripes, believe it or not), they've barely slipped up since forming in the mid-'90s. And every one of their records, from 2007's anthem-packed 'Ga Ga Ga Ga Ga' to 2014's more surrealist 'They Want My Soul', picks up on a trusty template set by the Britt Daniel-led group's early work.

for any act hoping to combine style with substance. Spoon are studio whizzes of the highest order and they continue to find

smart, subtle ways of evolving. Daniel's trademark dive-bar vocals are more smoke-stained than ever, glueing together rough-edged guitar lines and moody synths. Although they do little to break the mould, tiny progressions can be found everywhere - in ballad 'I Ain't The One's post-midnight glitz; 'Pink Up''s disorienting reverse vocals; and the opening title track's razor-toothed guitar line. Lyrics might read like yer da's gross diary ("Hot thoughts all in my mind and all of the time,

babe"), but the frontman still manages to keep his cool.

It doesn't always work, not least in 'Shotgun's iffy mix of Nashville-ready instrumentals and a chugging house beat. On the flipside, 'Do I Have To Talk You Into It' sticks so stubbornly to the Spoon template it could be a discarded number from any of their previous records. But the best indication of where the band are today comes in closer 'Us'. Essentially an elongated horn parp backed by the odd clattering drum part, it doesn't exactly sound great on paper. But somehow they manage to dress up a mad idea in stylish clothes. Not many bands can make dogged experimentalism easy for consumption, but Spoon are experts in the game. 'Hot Thoughts' is more evidence of their serious knack for, ahem, spoon-feeding weird ideas. Jamie Milton



Sex is a bigger topic here than it's ever been on a Spoon record. Would that be right?

"That's fair to say. It was actually my girlfriend who inspired the first lyrics for the song 'Hot Thoughts'.
Last spring some guy who barely spoke English came up to her in Shibuya [Japan] and told her she had beautiful teeth. I just thought this was a very courageous and original way to hit on my girlfriend."

You recorded a Bowie cover and posted a Prince tribute online last year. Did 2016's surreal events have an impact on your writing? "I felt a lot of inspiration from those guys last year, because when you lose someone like that, I felt very in touch with their spirit."

Many Facebook
commenters claim
bands should stick to
the music, but you've
never been afraid to
show your politics. What
are your views on that?
"I don't think there's any

"I don't think there's any responsibility to talk about political issues if you don't want to. It's probably hard being a Republican who follows the personalities and careers of these musicians, because so few of them view things that way."





Something strange in the neighbourhood a genre cliché and setting un film that's as smart a portrait

Smart, creepy, clichédestroying horror

GET OUT

15 Daniel Kaluuya, Allison Williams, Bradley Whitford



GET OUT OPENS WITH a scene we've seen countless times in horror films: a lone young person walks nervously through an unfamiliar neighbourhood, eyes darting around for the attack they feel will come and, inevitably, does. Yet here it's not the usual white woman in a bad part of town; it's a black man in a middle-class a genre cliché and setting up a film that's as smart a portrait of US race relations as it is a deeply creepy horror movie.

The target of Get Out's satire isn't the typical unabashedly racist extreme right, but the lefties who would consider themselves anything but. The centre of its story is Chris (Daniel Kaluuya), a twentysomething black man with a white girlfriend, Rose (Allison Williams). Their relationship has reached the meet-the-parents stage. Chris is

might be uncomfortable that their daughter hasn't told them to expect someone black, but Rose is confident they'll be fine. Both are partly right.

Rose's self-proclaimed ultra-liberal parents (Bradley Whitford and Catherine Keener) are at great pains to show how cool they are with Chris. The phrase "my man" is used repeatedly. Obama's name is brought up. Rose's father apologises awkwardly for the fact the family has a black housekeeper and gardener, the only two visible non-white people around. They're so keen to make Chris feel special that he becomes weirdly fetishised for his blackness. Already uncomfortable, Chris starts to notice some very, very strange

neighbourhood. It's a very quick things are going on in this nervous that Rose's parents apparently liberal town. and elegant way of upending Discomfort shudders through the entire film. Jordan Peele, half of cult American comedy duo Key & Peele, has made 📱 Daniel Kaluuya a horror movie that keeps you as Chris permanently uneasy. He fills it with small, surreal images that set you on edge. Everything is just a little off. As it progresses the story becomes more and more bizarre, eventually reaching something completely mad, but Peele's laid the path so carefully that it works in I context. You'll be lucky to see smarter horror this year. Olly Richards FOR FANS OF



original. As we're told in the most famous song it borrows from the 1991 animated film, this is a "tale as old as time". Instead, what Dreamgirls director Bill Condon delivers here is two hours of premium nostalgia, decorated with the odd modern flourish.

Emma Watson, who reportedly quit La La Land for this film, is perfectly cast as Belle,

curse will be lifted and the Beast will transform back into the handsome prince he once was.

Most viewers will probably be anticipating the film's plot developments and heartwarming finale, but Condon manages to inject some genuine threat into proceedings. Dumb hunk Gaston (The Hobbit's Luke Evans) becomes surprisingly menacing

supplying a dodgy French accent as a scheming candelabra.

Beauty And The Beast is hardly a masterpiece, but it's not faint praise to say it does its job nicely. Fans of the original won't be disappointed and many others will leave with 'Be Our Guest' stuck in their heads.

Nick Levine



then use the Snap Fashion app to find a jacket that's similarly snuggleable. Here's what it suggests...



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SHRIMPS AT MATCHES at Snap Fashion £650



TOPSHOP at Snap Fashion £95



TOPSHOP at Snap Fashion £89



NEW LOOK at Snap Fashion £39



PRETTY LITTLE THING at Snap Fashion £70



RIVER ISLAND at Snap Fashion £85



вооноо at Snap Fashion £25



DOROTHY PERKINS at Snap Fashion £58



LIPSY at Snap Fashion £95







YOU HEARD IT HERE FIRST

Creeper

The UK's most OTT and electrifying punk rockers

SINCE 2014, CREEPER have been invigorating the rock scene with their carefully curated horror-punk, which evokes early AFI and My Chemical Romance. With debut album 'Eternity, In Your Arms' out later this month, frontman Will Gould gives us a glimpse into their world...

Creeper (I-r): Oliver Burdett, Will Gould, Ian Miles, Dan Bratton, Hannah Greenwood, Sean Scott Ever since your debut EP, 2014's 'Creeper', you've had a rabid fanbase. Do you feel pressure to please them every time you release something?

"We were very lucky. It happened really quickly for us. Every time we did an EP, we were like, 'Oh my God, maybe we messed up this time, maybe this is the one they don't like!' But, luckily, each time they were received very nicely. We don't really think about [the pressure] when we're writing. Every EP was different, so it's led us to the point where we can make an album."

Why all the theatrics?

"We noticed UK punk-rock was becoming more straightforward, and people were dressing the same way. The spectacular, bombastic element was being stripped away. We wanted to re-attach that magic and look back to a time where things were more exciting. I was a massive David Bowie fan growing up, and the other songwriter Ian [Miles] was really into Metallica. We want to put that over-the-top flamboyance back into punk."

Have you had any crazy ideas for your live production?

"We've always written songs with large choral arrangements, but we could never afford a choir. It would be amazing to do a show where those parts were actually sung by a choir! We'd also like to make the show like a play – a punk-rock play. I had this idea as a kid, because I was working on a little musical before I did this band, and I thought we could tour it around DIY spaces like working men's clubs. Creeper is born from those ashes." Thea De Gallier

The details

FROM: Southampton
SOCIAL: @creepercultuk
BUY: 'Eternity, In Your Arms'
is out March 24
LIVE: Newcastle University
(March 27), London Electric
Ballroom (March 30),
Birmingham O2 Institute (April 1

FOR FANS OF



STRNEETRE

Their second EP 'The Callous Heart' features references to Peter Pan, the Lost Boys and Captain Hook.











THE WEEK'S BEST GIGS

ALEXIS TAYLOR

Sun 19 De La Warr Pavilion, Bexhill-on-Sea Tue 21 Colston Hall, Bristol Thu 23 Hallé at St Michael's, Manchester

AMBER ARCADES

Wed 22 City Screen Picturehouse, York

AUSTRA

Tue 21 Patterns, Brighton **Wed 22** Village Underground, London

BLACK HONEY

Thu 23 Esquires, Bedford

CAR SEAT HEADREST

Thu 23 Electric Ballroom, London

CIRCA WAVES

Sat 18 O2 Academy, Sheffield Mon 20 Barrowland Ballroom, Glasgow Tue 21 Student Union, Newcastle University Thu 23 Academy, Manchester

CLOUD NOTHINGS

Fri 17 Stereo, Glasgow
Sat 18 The Deaf
Institute, Manchester
Sun 19 Brudenell Social
Club, Leeds
Tue 21 KOKO, London
Wed 22 Hare & Hounds,
Birmingham
Thu 23 The Haunt, Brighton

DECLAN MCKENNA

Tue 21 O2 Academy, Oxford Wed 22 The Wedgewood Rooms, Portsmouth Thu 23 The Garage, London

ELF KID

Sat 18 Sebright Arms, London

FACTORY FLOOR

Fri 17 The White Hotel, Salford

FORMATION

Mon 20 The Green Door Store, Brighton Tue 21 XOYO, London Wed 22 Exchange, Bristol

FRANK CARTER & THE RATTLESNAKES

Fri 17 Academy, Manchester Sat 18 Riverside, Newcastle Sun 19 Saint Luke's, Glasgow Tue 21 Outlet Building, Belfast

GLASS ANIMALS

Fri 17 UEA, Norwich Sat 18 Albert Hall, Manchester

IDLES

Mon 20 The Bullingdon, Oxford Tue 21 The Plug, Sheffield Wed 22 Think Tank?, Newcastle Thu 23 The Tunnels, Aberdeen

JAGWAR MA

Fri 17 Rescue Rooms, Nottingham Sat 18 O2 Ritz, Manchester Sun 19 Liquid Rooms, Edinburgh

JAY PRINCE

Fri 17 KOKO, London

THE JESUS & MARY CHAIN

Thu 23 Northumbria University SU, Newcastle

THE LEMON TWIGS

Thu 23 Thekla, Bristol

LEO STANNARD

Fri 17 Omeara, London

MACHINEDRUM

Thu 23 Mangle E8, London

MALLORY KNOX

Mon 20 O2 Academy, Bristol Tue 21 Tramshed, Cardiff Wed 22 UEA, Norwich

ONRA

Sun 19 The Jazz Café, London Tue 21 Headrow House, Leeds Wed 22 Sneaky Pete's, Edinburgh Thu 23 Broadcast, Glasgow

OTHERKIN

Sat 18 Purple Turtle, Reading Mon 20 Think Tank? Underground, Newcastle Tue 21 The Garage, Glasgow Thu 23 Brudenell Social Club, Leeds

OUR GIRL

Wed 22 The Waiting Room, London

PLINI

Fri 17 O2 Academy, Birmingham Sat 18 Audio, Glasgow Sun 19 The Borderline, London

RIDE

Tue 21 The Limelight, Belfast

SUNN O)))

Tue 21 Barbican Centre, London

SUPERFOOD

Fri 17 O2 Academy, Oxford Sat 18 Leadmill, Sheffield Sun 19 King Tut's, Glasgow Mon 20 Sound Control, Manchester Tue 21 Brudenell Social Club, Leeds Wed 22 The Welly Club, Hull Thu 23 Think Tank?, Newcastle

SURFER BLOOD

Fri 17 The Winchester
Pub, Bournemouth
Sat 18 Brudenell Social
Club, Leeds
Sun 19 Soup Kitchen,
Manchester
Mon 20 Broadcast, Glasgow
Tue 21 The Cookie, Leicester
Thu 23 Oslo, London

THUNDERCAT

Wed 22 Thekla, Bristol Thu 23 Gorilla, Manchester

TOVE LO

Fri 17 O2 Shepherd's Bush Empire, London

THE VRYLL SOCIETY

Wed 22 The Harley, Sheffield Thu 23 The Louisiana, Bristol

WILKINSON

Fri 17 The Liquid Room, Edinburgh Sat 18 Move, Exeter

THE XX

Fri 17 Motorpoint Arena, Cardiff

TOPMAN ON TOUR WITH NME

FEATURING: Peace, Fickle Friends, Devlin, Clean Cut Kid, Will Joseph Cook Fri 17 Strathclyde University, Glasgow Sat 18 Hull University, Hull Wed 22 Leeds University, Leeds Thu 23 UEA, Norwich

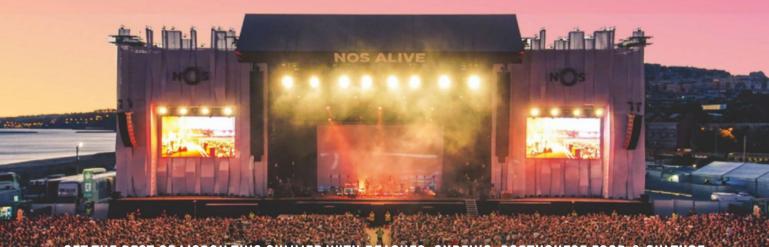


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Dominic Monaghan

Mancunian movie star, former hobbit

THE FIRST SONG I REMEMBER HEARING

THE BEATLES
Mr Moonlight

"My dad drove an old Volvo and I remember sitting in the back with my brother and hearing John Lennon. I just thought, 'Oh wow, that's amazing singing.' It was just like someone was screaming into the night air. The Beatles were the biggest music thing in my life and continue to be now."



THE FIRST SONG I FELL IN LOVE WITH CHAKA KHAN

I Feel For You

"My parents got my brother and me a single each for Christmas in 1984. He got 'Wild Boys' by Duran Duran and I got Chaka Khan's 'I Feel For You'. I didn't know what was going on when the record would scratch but I was obsessed by that noise. Prince became a massive deal for me in my teens, so knowing he wrote that was huge."

THE FIRST ALBUM I BOUGHT

DIRE STRAITS
Brothers In Arms

"It was because of 'Money For Nothing', because of that riff. I had a bit of pocket money and we were walking round the shops. I picked it up and said to my dad 'I want that 'Money For Nothing' song.' And my dad said, 'Well, if you get this album, you get nine other songs with it."

THE FIRST GIG I WENT TO

MC HAMMER

Manchester G-Mex

"He was a big deal. My mum and dad got me surprise tickets. I was tiny so I got to go up on my cousin's shoulders. I came second in a 'U Can't Touch This' dancing competition in school. The only reason I came second was because a really hard girl came first. No one wanted to say that she was worse than me."

THE SONG I DO AT KARAOKE

VAN MORRISON Brown Eyed Girl

"I've definitely done it with the guys from Lord Of The Rings in New Zealand a few times. It's all based on how drunk I am. If I'm really drunk, I do 'Sympathy For The Devil' by The Rolling Stones."

THE SONG THAT MAKES ME DANCE THE JACKSON 5 ABC

"The Jackson 5 are generally all full of positivity, light and love. They did do a few ballads, but really they were just like, 'Forget about your worries and get up on the dancefloor'. Which is exactly what you want on a Friday night."

THE SONG THAT REMINDS ME OF HOME THE STONE ROSES

This Is The One

"Their first album just always reminds me of Manchester. Man United come out to 'This Is The One' and that's a pretty epic tune by a really amazing band."



THE SONG I WANT PLAYED AT MY FUNERAL

DEREK AND CLIVE

DEREK AND CLIVE
Jump

"It's a song about a man who sees a guy about to jump out of a building. He tells him to do it because he has a blanket, but he doesn't and the guy jumps to his death. It's dark but also a fun song."

Pet is available now on digital, Blu-ray and DVD

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The wisdom of the *NME* archives

THIS WEEK
SHIRLEY MANSON
Garbage

Garbage March 21, 1998

"If music touches people, you're doing your job. People bought ours. That's 'touching' people."



NTERVIEW: ALEX FLOOD, PHOTOS: BEX FEATI